



# Presidio of Monterey *Community News*



Vol. 5, No. 9

Serving the military and civilian community at the Presidio of Monterey and POM Annex

May 8, 1998

## What's new:

### Annual Water Quality Reports available for public viewing

These reports, specifically prepared for residents of the Presidio and POM Annex, are provided by the Directorate of Environmental and Natural Resources. Please call Chieko Nguyen at 899-7372.

*(See Pages 11-21, inside this issue, for the complete text/tables of these water quality reports)*

### Next issue:

**May 22, 1998**

(deadline is May 12 to submit information for the May 22 issue)

### Federal Holidays, Training Holidays for 1998

May 22: Training Holiday  
May 25: Memorial Day  
July 4: Independence Day  
July 6: Training Holiday  
Sept. 4: Training Holiday  
Sept. 7: Labor Day  
Oct. 12: Columbus Day  
Nov. 11: Veterans Day  
Nov. 26: Thanksgiving Day  
Nov. 27: Training Holiday  
Dec. 25: Christmas Day

## Safety Awareness Week May 18-22



### Bring out the steak sauce but don't over do it

It's barbecue time. Well at least for some. Those living on post do have restrictions (check with your units). "Summer time is fun" brings images of sunshine and outdoor ventures. Do have fun, just don't over do it. Do remember that behind the pleasant imagery of fun in the sun lurks many hazards; some are minor, others catastrophic, like traffic accidents. To help all of us focus on safety, the Installation Commander has designated May 18-22 as Safety Awareness Week for DLI & POM.

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## *To the community members of Presidio of Monterey and POM Annex -- WELCOME:*

The POM **Community News** newsletter supplements the **GLOBE** (DLI's linguist-focused magazine) providing current information on local news and events for joint service military and DoD civilian community members of the Defense Language Institute Foreign Language Center (DLIFLC), U.S. Army Garrison Presidio of Monterey and Presidio of Monterey Annex. We welcome you to send information and short articles that may be of interest to our local community (please include your name and phone number). If you're interested in the Classified Ads section (POM-MART) see Pages 30-32. If your item(s) have sold, please let us know. Also, periodically added to this newsletter is a Telephone Directory (Page 29 this issue). Notify the editor if there any changes or corrections to this directory.

### *Write, E-mail or fax information to:*

**Defense Language Institute Foreign Language Center  
Public Affairs Office (ATZP-PAO)  
ATTN: Community News editor (SFC Hope J. Rickman)  
Building 614, Room 142 (Rasmussen Hall)  
Presidio of Monterey, CA 93944-5006**

Telephone: (408) 242-5104 or FAX: (408) 242-5464  
MS Mail: Rickman, SFC Hope (Community News editor)  
or E-Mail: Rickmanh@pom-emh1.army.mil

### **Command's hotline (Bossline) - 242-POST**

Dial 242-POST or 242-7678/ MS Mail: BOSSLINE / E-mail: Bossline@pom-emh1.army.mil

The command's hotline is for you to call in (24 hours daily) or MS Mail / E-Mail your thoughts, ideas, concerns, and complaints, to include helping the command spot security and safety problems on the Presidio or its Annex.

### **Deadlines for submitting information**

**May 12** (for the May 22, 1998 issue)  
**May 26** (for the June 5, 1998 issue)

### **Available on the World Wide Web:**

The **Community News** and the **GLOBE** magazine can be accessed via computer/modem by selecting "Presidio of Monterey HomePage" <http://pom-www.army.mil>

The *Community News* newsletter is Army-funded, authorized under the provisions of U.S. Army Regulation 360-81, and produced semimonthly by the Public Affairs Office, Defense Language Institute Foreign Language Center (DLIFLC), at the Presidio of Monterey (POM).

It's printed at the Defense Printing Plant, POM, using high speed duplication. Contents are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or DLIFLC.

The installation and garrison commanders, chief of public affairs and *Community News* editor reserve the right to edit materials as necessary to conform to editorial policies.

### **DLIFLC Installation Commander**

COL Daniel D. Devlin

### **DLIFLC Installation CSM**

CSM Debra E. Smith

### **Garrison Commander**

COL David F. Gross

### **Garrison SGM**

MSG David G. Bartlett

### **DLIFLC Executive Officer**

LTC Jack J. Isler

### **Chief, Public Affairs**

Mr. Michael J. Murphy

### **Editor / Design / Layout /**

**Public Affairs NCOIC**

SFC Hope J. Rickman

Distribution this issue: 3,750 copies

## **Serving Your Installation:**

# **Military Spouses**

## **Military Spouse Appreciation Day**

*The following is a message from the U.S. Army Chief of Staff, General Dennis J. Reimer:*

This year, Friday, May 8, has been designated as "Military Spouse Appreciation Day." Please join with me in expressing appreciation to our Army spouses for the significant role they play in helping maintain the well-being of our soldiers, our families, and our military.

On this special day, it is particularly important that we acknowledge the efforts of our spouses and thank them for their love, support, patience, courage and all their hard work throughout the year.

Army spouses help us successfully balance our lives between work and home, and they unselfishly share their love and support with us and those we care about most.

We are the world's best Army because we have the full support of the world's best spouses.

I encourage commanders to recognize Army spouses through appropriate ceremonies and proclamations which convey our appreciation and gratitude to our spouses for all they do for our Army.

**-- General Dennis J. Reimer**

## What's new:

### MPC/DLI Summer Classes begin May 30

**POM** - Schedules, enrollment and tuition assistance forms for Monterey Peninsula College's summer semester (May 30 - Aug. 8) are available. To register, visit the POM Education Center, Building 273, Presidio of Monterey, or call 242-5325/5866.

### Don't push "9-0-#"

If you receive a phone call and asked to touch nine (9), zero (0) on your phone in order for a technician to test your phone, BEWARE!!! This is a Scam!!! By doing as instructed you've just provided the caller [or anyone] access to your phone where they may place long distance calls on your bill.

### Garbage Pick Up

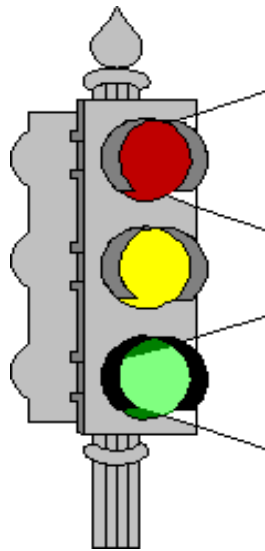
**POM and POM ANNEX** - Refuse will be collected on Memorial Day at both the POM and POM Annex according to both Refuse Collection Agencies. Memorial day falls on a Monday which is a regular collection day at both sites.

### Weckerling Center Entrance Temporarily Changed

**POM** - During the week of May 11-15, the Directorate of Public Works will be replacing the front side walk entrance to the Weckerling Center, Building 326 (corner of Stilwell and Kit Carson roads, POM). All visitors and users of this building are requested to enter either the side entrance or the rear. Sorry for the inconvenience, but the safety hazard must be repaired. Questions can be directed at 242- 5487 or 242-5565.

### POM Theater Hours Change May 7

**POM** - The new show time for the POM Theater will be 7 p.m. instead of 8 p.m., Thursdays, Fridays and Saturdays. This will allow those military language students who are on curfew to attend and get back to the barracks.



### STOP and read

*Walkers, joggers and bicyclists, the barricades which are placed on Eucalyptus and Parker Flats Road are for authorized vehicles only. Be careful and watchful for vehicles in the area when using these roads for exercise. Keep to the side of the road, and stay out of the middle of the roadway. A vehicle can be upon you before either of you can react to avoid an accident.*

**POM Police**

## CRIME PREVENTION TIPS FROM POM POLICE

**We are almost to the vacation period.**

**Here are some tips to help you enjoy your vacation.**

When you are out enjoying the scenery, the beach, or window shopping, remain alert as to what's going on around you. In large parking lots, especially during hours of darkness, if you see groups of people "hanging out," avoid them. If they are in the area of your vehicle, ask security to escort you to your vehicle.

When swimming at the beach, use the "buddy system", leave valuables locked in the car trunk, secure your car keys around your neck or a secured pocket in your swimming trunks or shorts. Don't secure valuables in your shoes left on the beach while you go for a dip. Contrary to popular belief, that's the first place a thief looks.

When sightseeing, secure your vacation \$\$\$\$ in a "Fanny Pak" which is secured around your waist. This prevents someone from snatching it.

When driving do not pick up hitchhikers, no matter how harmless or innocent they may look,

If your vehicle breaks down on the highway, lift your hood as a trouble signal for the police. Do not accept rides, when offered. Request that the person call a towing agency. Keep your windows rolled up and your doors locked.

If repairing a flat tire on the highway, ensure you position your vehicle well off of the roadway, place reflective lights or other warning devices far enough to the rear of your vehicle to alert oncoming traffic.

Remember the standards. Buckle up for safety, use a designated driver, if you drink and drive, our designated driver will take you to jail.

Invest in a cellular phone, and keep it on your person at all times; it can come in handy during emergencies.

Remember, keep alert and on your guard and you will enjoy a trouble-free vacation.

Be watchful for children at all times, be alert and drive safely.

# Winning Language Day Poster

## Winners of the Language Day Poster Contest

### 1st Place:

Ms Elaine Martinez  
ATFL-CFD

### 2nd Place:

SGT Michael Munch  
D Co 229 MIB

### 3rd Place:

Mr Neil O'Baidi  
ATFL-SMA

## Armed Forces Day 1998 Message

Today the American people pause to honor all those who serve in the armed forces to protect our nation and its way of life. Around the country, bands will play and speeches will be made as Americans say "THANK YOU" to our military men and women. But your real reward is the respect, affection, and admiration you have earned as you serve your fellow citizens, day in, and day out, here at home and throughout the world. Your hard work and dedicated service, often involving separation from friends and family, are the foundation of America's strength and prosperity — and a major force for peace and stability in every corner of the globe.

The United States military comes in many colors. Its men and women are soldiers, sailors, airmen, Marines, and Coast Guardsmen, from many different faiths and cultural backgrounds. They serve in the active and Reserve Components at home and abroad, in times of peace and times of conflict. But all share something in common, the spirit of service and devotion to duty that are the wellsprings of the profession of arms. Today, like all who have worn the uniform throughout our history, they bear the burdens that make American's blessings a birthright for all Americans.

On this day of celebration and thanksgiving, the Joint Chiefs of Staff and I join every American in paying tribute to all who serve in the Armed Forces of the United States, and the families who support them.

Joint Chiefs of Staff



# EVENTS



## May Blood Drive May 8

*(all military, DoD welcome)*

**POM** - The May blood drive will be conducted for the European and Latin American School students (family members are welcome) May 8 at the Price Fitness Center, Building 842, POM, from 6:30 a.m. to noon.

**Who can attend:** though the drive is scheduled each month for designated DLI schools, DLI's support personnel (active duty and DoD civilians) of all ranks and grades are also welcome to attend and contribute blood.

**If you'd like to volunteer and or receive training to help at the blood drives,** call the POM Red Cross at 242-6800.

Operated by the San Jose Region (577-1000), DLI's monthly blood drives are normally held on the 2nd Friday of each month (with a different DLI school each month). For more information, regarding the blood drives, call the POM Red Cross office at 242-6800.

## Resident Language Olympics Closing Ceremony May 8

**DLI/POM** - A closing ceremony for the 1998 Worldwide Language Olympics is scheduled for 1:30 p.m. at Soldier Field. Awards will be presented at that time.

## MCD Car Wash May 9

**POM** - Save money. Tell a friend and come join us at the Marine Corps Detachment car wash to be held on the POM from 9 a.m. to 3 p.m. Location: Taylor Hall (Building 616) parking lot. Cost: \$3 minimum. All proceeds will go to the 1998 Marine Corps Birthday Ball which will be held in November. Call 242-6142 for exact location or more information.

## First Friday Fun and Teen Group May 8(4:30-6:30 p.m.)

**NAVAL POSTGRADUATE SCHOOL** - This is an educational and support group for adolescents, grades 6-9, and will meet on the first Friday of every month beginning with May 8. We are hoping to have participants get involved in barbecues, sporting activities, and learn about community activities. Meeting time and place: 4:30 to 6:30 p.m. at the Family Service Center, Building 2, Naval Postgraduate School. Please call 656-3488.

## Wednesday "Mom Time" Now until June 24

**POM ANNEX** - Jointly sponsored by both the Presidio of Monterey and the Naval Postgraduate School community/family services, you are invited to join other new moms and moms-to-be every Wednesday from 10 to 11 a.m. In sharing you'll not only be making new friends, but learning through group discussions about raising a new born as well as learning ways to relieve stress. If you have children, bring them to play with others, and bring a toy for them to share (they'll be making friends too).

Meet at the General Stilwell Community Center, POM Annex (Building 4260) between North-South and Gigling roads. Call the Army Community Service at 242-7660 or the Family Service Center at 656-3488 for more information.

## Human Race 8.5K Walk and 10K Run May 9

**MONTEREY** - Of the many year round nonprofit events, the annual Human Race brings together the majority of nonprofit organizations located on the Monterey Peninsula. Join the Human Race! Support your favorite nonprofit group. All you have to do is sign up donors (ask everyone you know (friends, family, co-workers, church and club members, teachers, etc.) to help you raise money for your organization (checks should be made payable to The Human Race). List your donors and the amount they give on your donation form (forms are available at the POM Red Cross). Bring your donations and pledge form to the event registration table at Lovers Point Park. This year's event, presented by the Volunteer Center of Monterey County, will be held at Lovers Point, Pacific Grove. The schedule is as follows:

7:30 a.m. Registration (\$15);  
8 a.m. Early Bird Start;  
8:30 a.m. 8K Walk;  
9 a.m. 10K Run

**NOTE:** Donation pledge forms are available at the POM Red Cross. For more information about The Human Race or to find out about current volunteer opportunities, please call the Volunteer Center at 1-800-776-9176.

## "Piazza Julien" Spring Winemaker Dinner May 9

*A perfect special gift for Mother's Day!*  
**MONTEREY** - Chateau Julien Wine Estate cordially invites you to "Piazza Julien," our annual Spring Winemaker Dinner, Saturday, May 9 at 7 p.m. Relish the premium wines our experienced winemakers have worked hard to produce, and indulge in a traditional Italian feast created by Jon Kasky, Chef and

## Mongolian BBQ Every Friday Night

**POM ANNEX** - All-You-Can-Eat Mongolian BBQ, will be served every Friday night for the month of May, **except** on May 17, (due to a private party) at the General Stilwell Community Center. The bar will open at 4:30 p.m. and the buffet will be served from 5 to 8 p.m. The price is \$5.95 for adults. The price for children ages three to 11 years is 35 cents per year, and under three years is free. For reservations and more information call 242-7648.

## Events

owner of Bird of Paradise Catering. Cost is \$75/per person (plus tax). Chateau Julien Wine Estate is located at 8940 Carmel Valley Road, five miles from Highway 1. Call (408) 642-2600 or visit website: [www.chateaujulien.com](http://www.chateaujulien.com)

### Middle East Ethnic Meal May 10

**POM** - All students, family members and guests of staff and faculty are welcomed to the Middle East Ethnic Meal at Combs Hall Dining Facility from noon to 2 p.m. Cost per person is \$3.20 (cost for E-4, below and their dependents, \$2.40).

### "I Remember Mama"

#### Delivering Plants to Seniors on Mother's Day May 10

**MONTEREY** - As we celebrate Mother's Day what better way to appreciate our families than to visit someone who is without their families or friends on this day. Not only will you be giving to our community through service, but you can teach our children, through example, the importance of volunteerism.

This year's "I Remember Mama" project is again welcoming volunteers to deliver flowering plants on Mother's Day to local senior women living in long-term care facilities (i.e. nursing homes and board and care homes). Children are especially welcomed and encouraged. Imagine living in a nursing home and having a smiling family take time out of their Mother's Day celebration in order to deliver you a plant. The seniors are truly thankful for the volunteers who make their Mother's Day memorable. Many of these seniors have no family members who can visit on a regular basis.

#### Three ways to volunteer or assist:

**1.) To Volunteer:** call by Friday, May 8, to OMBUDSMAN "OmBUDDIES" Project Coordinator Mary Ellen Okelberry in Monterey at (408) 333-1300, or call the Salinas OMBUDSMAN branch at (408) 758-4011. Your gift of time will bring an everlasting joy.

**2.) To Donate:** If you can't volunteer, but would like to help, donations for the purchasing of plants may be

made payable to: OMBUDSMAN. Send to OMBUDSMAN/OmBUDDIES, 2200 Garden Road, Monterey, CA 93940.

**3.) Know a Senior:** If you know of a senior living in a long-term care facility and would like her to receive a plant, give OMBUDSMAN a call at (408) 333-1300. Federally mandated nationwide, nonprofit advocate programs, such as Monterey's OMBUDSMAN for Long-Term Care, are in place to investigate alleged abuses of seniors. Monterey's ombudsman serves 2,500 seniors who live locally in long-term care facilities.

### Mother's Day May 10



#### Magic 1, 2, 3 Parenting Class *Bring Out The Best In Your Child* May 11, 18

#### NAVAL POSTGRADUATE SCHOOL -

A class to help you sharpen your parenting skills. This program is for parents of children 2 1/2 to 12 years of age.

Emphasis of the class will be on discipline that is effective and ways to reinforce positive behavior.

Class will meet May 11 and May 18 from 4:30 to 6:30 p.m. at the Family Service Center, Building 2, Naval Postgraduate School.

Please call 656-3488 to register for the class.

#### TRICARE Briefings May 12, 20

**POM ANNEX** - The next TRICARE Briefings scheduled for May (dates noted above) will be held at the TRICARE Center, 4399 Parker Flats Cut-Off Road, POM Annex (former Fort Ord).

Each briefing will begin at 11 a.m. except for the May 20 briefing which will begin at 1 p.m. (note briefings are

subject to change). Call 1-800-242-6788 to confirm the dates and times.

#### Fort Ord Restoration Advisory Board (Monthly Meeting) May 12

**MONTEREY** - The Fort Ord Restoration Advisory Board will hold a general meeting on May 12 at 6:30 p.m. in the Gold Room, General Stilwell Community Center (Building 4260) located on the corner of North-South and Gigling roads, POM Annex (former Fort Ord). Topics will include:

##### 1. Committee Reports

**2. Technical Presentation:** *Fate, Transport, Human Health & Environmental Effects of Detonation, Combustion, and Decomposition of Ordnance and Explosives on Fort Ord;*

##### 3. FORA Deconstruction Project

##### 4. Daily Air Monitoring Results

This meeting is open to the public. For further information, call Lyle Shurtleff at 393-9691.

#### Wednesday Family Night Madness May 13, 20, 27

**POM ANNEX** - All-You-Can-Eat Buffet. Dinner is served from 5 to 8 p.m.

The price is \$5.95 for adults. The price for children ages 3 to 11 years is 35 cents per year, and under 3 years are free.

##### May 13, Southwestern Night

##### May 20, German Night

##### May 27, Country Night

The bar opens at 4:30 p.m. Call The Edge at 649-1822 or 242-7648 for more information and reservations.

#### Monterey National Horse Show May 13-17

**MONTEREY** - The Monterey National Horse Show English hunters and jumpers competition will be held at the Monterey County Fairgrounds, Patte Arena and Carnival fields from May 13 through May 17. The fairground is located at 2004 Fairground Road, Monterey.

**Infant Safety  
and Child Development for  
Moms and Dads**

**May 14**

**POM ANNEX** - Meet at the TRICARE Service Center located on the POM Annex for the Infant Safety and Child Development for Moms and Dads class from 5 to 7:30 p.m. May 14. The class will cover:

***Is My Baby Normal?*** (covers your baby's development from age 0-12 months); and

***Infant Safety*** (covers safety from car seats to home safety to play toys for age 0-12 months).

This class is sponsored by the Foundation Health Federal Services, Inc. and the TRICARE Service Center, POM Annex. To register, call (916) 353-6752.

**May Employment Workshops  
May 14-15**

**POM ANNEX** - Need more money? One-On-One assistance is available for soldiers, spouses and teens in locating either full or part time employment in the local community.

Army Community Service at the General Stilwell Community Center offers help in resume writing as well as providing job leads.

The career counselor will assist with career planning, locating job leads, and can provide job training information.

ACS Employment Services has online local, state and federal job openings. This is a free service.

Other services offered include monthly workshops. The next workshops will be held May 14-15. The following is the month of May schedule:

**May 14** (10 a.m.-1 p.m.)

**Writing a Winning Resume**

**May 14** (1:30-4:30 p.m.)

**Tapping the Hidden Job Market**

**May 15** (10 a.m. to 1 p.m.)

**How to Interview to GET the Job**

**May 15** (1:30-4:30 p.m.)

**Salary/Benefits How Much Am I Worth**

Attend any one or all of the workshops. Pre-registration is required. For Career Counseling or to register for the workshops, call Anita Rothard, Army Community Service, at 242-7907.

**DLIFLC Language Day**

**May 15**

**DLI & POM** - Language Day, the Defense Language Institute Foreign Language Center and Presidio of Monterey's annual open house will be held on Friday, May 15, from 10 a.m. to 3 p.m. All Monterey Peninsula military, DoD civilians and their family members are invited.

Guests will include about 5,000 high school students and their schools' foreign language educators from throughout California.

The event will include: technology demonstrations; classroom demonstrations; cultural entertainment; cultural displays; military displays; and ethnic foods (food booths will be located between Buildings 620 and 619 just off Rifle Range Road). Parking signs will be posted.

The designated parking area for school buses will be the parking lot between the Taylor Street entrance and Building 610.

**Military Appreciation Barbecue:**

**DLI volunteers invited**

**May 15**

**Respond by May 12**

**MONTEREY** - The YMCA of the Monterey Peninsula is sponsoring a Military Appreciation Barbecue to thank the men and women of DLI who volunteered their time to help the YMCA in the following events: the AT&T National Pro-Am, SCRAMP, The Concourse de Elegance and the many YMCA sports and children's programs we sponsor.

The event will include an evening of FREE barbecue food, soft drinks and entertainment (to include the Contra Dancers -- English country line dancing -- and a live band in the gymnasium).

**Location:** YMCA, 600 Camino El Estero, Monterey (across from Lake El Estero).

**RSVP:** Respond by May 12 so the cooks can plan on how much food will be needed for the barbecue.

**Call 373-4167:** ask for Jean-Marie at the Monterey YMCA. (Note: call by Tuesday, May 12 with the number of people who plan to attend).

**MCD Car Wash**

**May 16**

**POMANNEX** - Save money. Tell a friend and come join us at the Marine Corps Detachment car wash to be held on the POM Annex from 9 a.m. to 3 p.m. Location: General Stilwell Community Center (Building 4260) parking lot. Cost: \$3 minimum. All proceeds will go to the 1998 Marine Corps Birthday Ball which will be held in November. Call 242-6142 for exact location or more information.

**It's a Small World**

**Spring Carnival**

**May 16**

**POMANNEX** - The Marshall Elementary School is hosting its annual Spring Carnival. This year's theme is "It's a Small World." The carnival will be held, Saturday, May 16, from 10 a.m. to 2 p.m. on the school grounds. Children dressed in regional or cultural costumes get a free game ticket. Advance tickets will be sold on May 13, 14, 15 from 8 to 8:30 a.m. in the elementary school's main office. Tickets will cost: five tickets for \$1, and four for \$1 if purchased at the door. Carnival activities will include children's raffle, silent auction, treasure hunt, story corner, booth games, field games, puzzle and coloring sheets, pop corn and cotton candy, international food sampling and prizes. Refreshments: There will be hot dogs, hamburgers, baked potatoes and sodas. If it rains, the carnival will be moved indoors and the field games will be cancelled.

**Special Olympics**

**Local Area Games**

**May 16**

**(DLI Provides 300 Volunteers)**

**MONTEREY** - This year's Special Olympics will be held at the Monterey Peninsula College on Saturday, May 16, from 9 a.m. to 4 p.m. For more information, call 373-1972.

**Motorcycle Poker Run**

**All motorcyclists welcome**

**May 16**

**MONTEREY** - Ride a motorcycle? Want to ride with others, meet local riders while gaining motorcycle education and



## Events

safety skills? One of several annual events sponsored by the local American Brotherhood Aimed Toward Education #35 (or ABATE #35) is the upcoming "Poker Run" motorcycle competition. Start point is in Monterey. Registration and sign up are from 9 a.m. to 11 a.m. at the American Legion Post #41 located at 1089 Jefferson Street. Bring a \$10 donation (for the 1:30 p.m. barbecue). The event includes a raffle. For more information, call (408) 375-7867.

### Armed Forces Day May 16

#### NPS Sailing Association to Hold Sailing Open House May 16

**MONTEREY** - The Naval Postgraduate School Sailing Association (NPSSA) with the Naval Support Activity Monterey Bay (NSAMB) Morale, Welfare and Recreation Department (MWR) will hold its membership open house on Saturday, May 16, at the Coast Guard pier in Breakwater Cove of the Monterey Harbor from noon to 4 p.m.. Activities for prospective, new and active members and their families will include sailing demonstrations and free sailboat rides. These activities are open to all active or retired military and federal employees. Throughout the day, NPSSA will offer free sailboat rides around the Monterey harbor and bay on several boats, including the 30-foot cruising sloop, "Hanalei II," and smaller boats. Activities will continue until 4 p.m. The Naval Postgraduate School Sailing Association is composed of active and retired military and other federal employees from the Monterey area. Its purpose is to promote sailing, yacht racing and sportsmanship. All activities are FREE. Refreshments and sign ups for rides will be available on the pier. Sailing demonstrations will take place alongside the pier. A light jacket is recommended for the sailboat rides on the bay. Call John Ruck at 647-1917 or e-mail [npsa@nps.navy.mil](mailto:npsa@nps.navy.mil) for more

information or check out the NPSSA WorldWideWeb homepage at <http://web.nps.navy.mil/~npsa>.

#### Safety Awareness Week May 18-22

**POM** - To increase safety awareness and preparedness for the summer activities ahead, the Command Safety Office will conduct its annual Safety Awareness Week during the week of May 18 through May 22.

#### Newcomers Orientation May 20

**POM ANNEX** - Welcome to the Presidio of Monterey. The Army Community Service and the Presidio Chaplains invite all new arrivals to the community to join us for a Newcomers Orientation on Wednesday, May 20, from 10 a.m. until 3 p.m. at the General Stilwell Community Center on the Presidio of Monterey Annex. There will be representatives from agencies such as Child Development Services, TRICARE, Outdoor Recreation, Youth Services, the Red Cross, La Mesa Housing, the Presidio of Monterey Police, the Education Center, Chamberlin Library, Army Emergency Relief, and the Post Exchange (AAFES). You can ask questions (or raise questions) and generally find out about what's available at the Presidio. Lunch is provided, as well as a bus tour of the Monterey Peninsula. Child care is also available. To reserve a space on the bus, call Army Community Services at 242-7660 or 242-7661. To arrange for child care, call Child Development Services at 583-1058 by May 14. This event is sponsored by the ACS and Presidio of Monterey Chaplains.

#### Safety Day Presentation May 20

**POM** - Safety theme presentations and displays, sponsored by the Command Safety Office, will be set up in the Tin Barn on May 20 from 10 a.m. to 3 p.m.

#### MPC & Veterans Job Fair May 21

**MONTEREY** - A job fair for all job seekers will be held from 1 to 4 p.m. on May 21, at the National Guard Armory. Additional information is available by calling the Employment Development Department at 649-2925 (Monterey EDD) or 769-8035 (Salinas EDD) or by calling 646-4195 or 646-4196. The job fair is sponsored by the EDD, the Veterans' Employment Committee and Monterey Peninsula College. **Directions:** from Del Monte Avenue or Fremont Street turn on Aguajito road. At the intersection of the Highway 1 entrance and Aguajito Road proceed to the Monterey Peninsula College, entering onto Via Lavandera Road. Turn left on Fishnet Road. Proceed to parking lots B and C near the Armory.

#### The Great Monterey Squid Festival Entertainment May 23-24

**POM** - The annual Squid Festival includes cooking demonstrations, educational displays, and arts and crafts.

Location: Monterey County Fairgrounds, 2004 Fairground Road, Monterey. For more information, call 649-6544.

### Memorial Day

**May 25**  
(Four Day Weekend  
for military  
May 22-25)

#### Concert on the Lawn May 25

**NAVAL POSTGRADUATE SCHOOL** - The Monterey County Symphony will be performing May 25 beginning at 2 p.m. on the main lawn at the Naval Postgraduate School. Admission is free. For more information, call 656-2023.



## AUSA Softball Tournament

**May 26-29**

**POM** - It's that time again!! The Second Annual Association of the United States Army Stilwell Chapter Softball Tournament is scheduled for May 26-29. The games will be played on the ball fields on Soldier Field this year between 5 and 7:30 p.m. We are looking for 16 teams for the single elimination tournament. Last year we had 12 teams participate in the tournament with Headquarters and Headquarters Detachment winning with the first place trophy, the Marine Corps Detachment finished second and Charlie Company third. The tournament this year is open to military and civilian teams on the installation. Rosters are limited to 15 players. The entry fee is \$50 per team, which will go toward tournament T-shirts for all players in the tournament. Trophies will go to the top three teams again this year. Checks should be made out to the AUSA Stilwell Chapter.

To register for the tournament, contact JO1 Scoop Hansen (Public Affairs Office) at 242-5104 or Dwight Johnson (Internal Review) at 242-6957.

## Anger Management

**May 29**

**NAVAL POSTGRADUATE SCHOOL** - This class will help individuals control and better manage their anger. We will discuss: 1.) *Anger Myths and Truths*; 2.) *The Unhealthy Consequences of Anger*; 3.) *The A,B, C's of Identification and Change and How to Control Your Anger So It Doesn't Control You*.

Class will meet May 29 from 4:30 to 6:30 p.m., at the Family Service Center, Building 2, Naval Postgraduate School. Please call 656-3488 to register.

## MCD Car Wash

**May 30**

**POM ANNEX** - Save money. Tell a friend and come join us at the Marine Corps Detachment car wash to be held on the POM Annex from 9 a.m. to 3 p.m. Location: General Stilwell Community Center

(Building 4260) parking lot. Cost: \$3 minimum. All proceeds will go to the 1998 Marine Corps Birthday Ball which will be held in November. Call 242-6142 for exact location or more information.



## DLI & POM

### Installation Volunteer Ceremony

**June 2**

**POM ANNEX** - The annual Installation Volunteer Ceremony will be held June 2 at 7 p.m. at the General Stilwell Community Center, Building 4260, POM Annex (corner of North-South and Gigling roads, POM Annex).

## Teens Workshop

**June 6**

**POM ANNEX** - Learn how to write a winning resume, fill out a job application, find the perfect job, and interview to GET the job you want. It is a skill you can learn at the workshop. Mark the following on your calendar: June 6, 10 a.m. to 1:30 p.m. at Army Community Service, General Stilwell Community Center (Building 4260), POM Annex. Call Anita Rothard 242-7907 to reserve your place.

## Spring Arts and Crafts Fair

**June 6**

**POM ANNEX** - The Spring Arts and Crafts Fair will be held at Stilwell Community Center, on Saturday, June 6, from 10 a.m. till 5 p.m. Space rental is \$25, and tables \$10 each. To reserve a space, call the Recreation Center at 242-5447.

## PX Sidewalk Sale

**at POM Annex**

**June 6, 7**

**POM ANNEX** - You are invited to the monthly PX Sidewalk Sale on the POM Annex. **Hours:** Saturday 9 a.m. to 4 p.m. and Sunday 10 a.m. to 4 p.m.

## "Johnny & The Gnomes"

**Fort Ord and its Magical Critters**

**A Reading at Chamberlin**

**June 7**

**POM ANNEX** - Are there really GNOMES living under POM Annex? According to a new book, Johnny & The Gnome, there are. In 1996, while her husband attended the Defense Language Institute, Debbie Tassillo Brown wrote a 136 page story about a community of magical creatures living hidden on the POM Annex. In 1998, while her husband attended the Naval Postgraduate School, Mrs. Brown published her story and made it available to the community.

At 1 p.m. on Sunday, June 7, at Chamberlin Library on the POM Annex, the children of the area will have a chance to hear about the 10 year old boy who discovers a community of gnomes, genies, fairies & unicorns living hidden among them. They will also hear about the underwater city in the bay and the griffins that fly in the fog at Big Sur.

Parents and children can also meet the characters and learn more about the magical creatures hiding on and near the POM Annex by viewing the website [www.ordian-adventure.com](http://www.ordian-adventure.com)

## June Blood Drive

**June 12**

*(all military, DoD welcome)*

**POM** - The June blood drive will be conducted for the Middle East II students (family members are welcome) at Price Fitness Center, Building 842, POM, from 6:30 a.m. to noon. For local information, call the Red Cross office at 242-6800.

## Retiree Entitlement

**Update Briefing 1998**

**June 13**

**POM ANNEX** - The next annual Retiree Entitlement Update Briefing will be held at the General Stilwell Community Center on June 13 from 10 a.m. to 1 p.m. Topics to be discussed: Health benefits and the status of the proposed Fort Ord VA Cemetery. Several speakers will include Maj. Gen. James C. Pennington, U.S. Army (Retired), president, National Association for Uniformed Services.

## Events

Door prizes and retiree discount shopping at the Main PX from 1 p.m. until closing time. The annual Retiree Benefits Update Briefing is sponsored by the Fort Ord Area Retiree Council.

### **Retirees Get Discount Shopping at main PX (former Fort Ord) June 13**

**POM ANNEX** - All retirees will be given a discount shopping spree from 1 p.m. until the PX closes at 7 p.m. This follows the annual Retiree Entitlements Update Briefing to be held at General Stilwell Community Center, Building 4260, POM Annex.

### **Army Birthday Ball June 13**

**MONTEREY** - The U.S. Army 223rd Army Birthday Ball will be held at the Doubletree Hotel in downtown Monterey. The receiving line and cocktail hour will begin at 6 p.m. There will be a dinner and program saluting the Army followed by an evening of dancing. A professional photographer will be on hand from 5:30 to 9:30 p.m. in the front lobby. The uniform for the ball is dress uniform for military and formal attire for civilian guests. Ticket prices are:

E-1 to E-4	\$15
E-5 to E-6	\$20
E-7 to O-3	\$25

Civilians and O-4 on up \$30

For information and tickets, contact a company representative or 2nd Lt. Cathcart at 242-6653.

### **Flag Day June 14**

### **Chess Tournament June 14**

**POM** - The Recreation Center will be conducting a Chess Tournament on Sunday, June 14, at 2 p.m. Participation is open to Active Duty Military only.

Winners will be considered for nomination to the All-Army Chess Tournament. There will be awards for the first and second place winners. For more information, please call the Recreation Center at 242-5447.

### **"Marketing Yourself For a Second Career" Wine and Cigar Dinner June 19**

**CARMEL** - Chateau Julien Estate cordially invites you to its Wine and Cigar Dinner on Friday, June 19. The evening begins with a reception at 7 p.m., with dinner following at 8 p.m. Your palate will be inspired with the flavors of extraordinary wines, distinctive cigars, and delectable foods. Your hosts, Bob Brower, Tom Kincheloe and Melinda Klescewski will be your guides through an exceptional evening of happy indulgence. We invite the novice to the connoisseur. Don't miss an evening of Chateau Julien wines and cigars at our Supper Club. A great gift for dad for Father's Day! Reservations required by June 14. Cost is \$75 per person (plus tax). Black Tie optional. Chateau Julien Wine Estate is located at 8940 Carmel Valley Road. Call 624-2600 or visit website [www.chateaujulien.com](http://www.chateaujulien.com)

### **Father's Day June 21**

### **Bone Marrow Donor Recruitment Drive June 22-24**

**POM** - Delta Company, 229th Military Intelligence Battalion, is sponsoring a bone marrow donor recruitment drive June 22-24. The times and locations are as follows:

**June 22** (9 a.m.-4 p.m.) **Tin Barn**

**June 23** (9 a.m.-5 p.m.) **Tin Barn**

**June 24** (9 a.m.-4 p.m.) **Recreation Center**

This program is open to all DoD military service member, families and DoD civilians. The recruitment consists

of a questionnaire and a blood sample. All donors recruited will be added to the National Registry at no cost. For more information, please call Cpt. Dawn Rodeschin at 242-5365. The DLI representative is Sgt. 1st Class (P) Carrie D. Beebout.

### **TROA Briefing Marketing Yourself For a Second Career June 24**

**POM** - Looking for a civilian job? Mr. Dick Crampton, deputy director of The Retired Officers Association (TROA), an expert on transitioning from military to civilian employment, will be at the Presidio of Monterey Theater on June 24. The POM Theater is located just inside High Street Gate on Stilwell Road. The theme: *Marketing Yourself For a Second Career*. The presentation will begin at 3 p.m., and is open to DoD civilians, military, and dependents.

### **Postwide Yard Sale June 27**

**POM ANNEX** - The next postwide yard sale will be held June 27 on POM Annex.



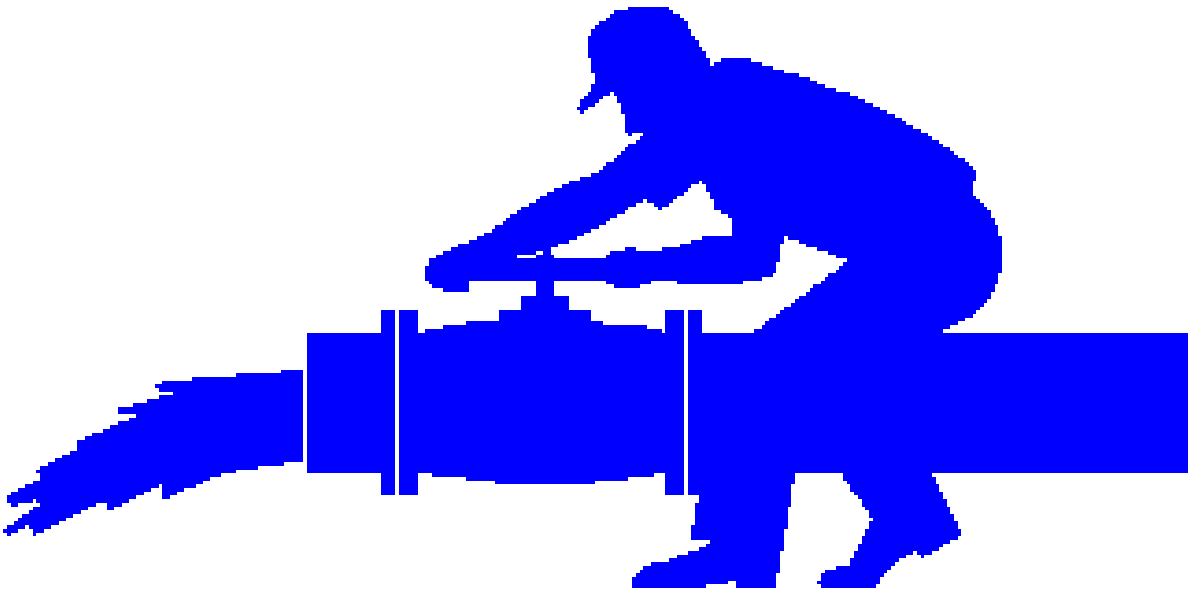
### **4th of July Commemorative Celebration July 4**

**PACIFIC GROVE** - The Annual 4th of July Commemorative Celebration will take place in Jewell Park at the corner of Central and Forest avenues beginning at 11 a.m. on Saturday, July 4.

### **July Blood Drive July 10**

*(all military, DoD welcome)*

**POM** - The July blood drive will be conducted for the Middle East I students (family members are welcome) at Price Fitness Center, Building 842, POM, from 6:30 a.m. to noon. For local information, call the Red Cross office at 242-6800.



# 1997 Annual Water Quality Report

## MESSAGE FROM THE GARRISON COMMANDER

Each year, the State of California requires that drinking water suppliers prepare a report to consumers regarding the safety and quality of drinking water. The Presidio of Monterey and the POM Annex dedicate considerable resources to assure our drinking water meets the stringent federal and California standards. Our highest priority remains the safety of students, residents, employees and consumers at the POM and the POM Annex. Throughout the year, water quality is monitored, sampled and analyzed extensively to sustain drinking water standards. Water provided at the POM is supplied by the California-American Water Company (Cal-Am). At the POM Annex, water is supplied by Army-owned groundwater wells. I am pleased to announce that the water at the POM and the POM Annex continues to meet all Environmental Protection Agency, State of California, and Department of the Army drinking water standards. There is, however, an indication of corrosion at the POM as evidenced by trace levels of copper. Cal-Am has implemented a corrosion control program intended to inhibit corrosion of water pipes. The installation is coordinating with Cal-Am on the corrosion control at the POM. I encourage anyone who has any questions about drinking water quality to call Directorate of Environmental and Natural Resources Management at 899-7372. And finally, on behalf of those of us who consume water at the POM and the POM Annex, I would like to thank the public works and public health personnel who work hard every day to deliver safe drinking water.

***Many of us are concerned  
about the  
quality and safety of our drinking water.***

***The Presidio of Monterey (POM) and the POM Annex dedicate considerable resources to assure our drinking water sustains the stringent federal and California standards.***



## **POM Water Report**

***Here is the report on the quality of water  
delivered to the POM in 1997.***

California-American Water Company (Cal-Am) provides water to the POM. In addition to Cal-Am's water quality report shown below, daily fluoride monitoring, weekly microbiological monitoring and semi-annual lead & copper sampling were done in 1997 by the Directorate of Environmental and Natural Resources Management (DENR), Directorate of Public Works (DPW) and California Medical Detachment (Cal-Med) staff. The POM water met all Environmental Protection Agency (EPA), State of California, and the Department of Army (DA) drinking water standards except for copper in the tap sampling program.

**Effects of Copper:** Copper is an essential nutrient, required by the body in very small amounts. However, people who consume water containing copper in excess of the Action Level for relatively short periods of time may experience stomach and intestinal distress, liver and kidney damage, and anemia. Persons with Wilson's Disease are advised to consult their physician. You may notice blue or blue-green stains on fixtures and experience a bitter taste in the water containing copper at less than the Action Level. Please contact Cal-Med or DENR if you experience any of these conditions or have any questions.



PARAMETER	UNITS	MAXIMUM CONTAMINANT LEVEL	PUBLIC HEALTH GOALS	SURFACE WATER		GROUND WATER	
				RANGE	AVERAGE	RANGE	AVERAGE
Clarity							
Turbidity	NTU	0.5		0.07-0.08	0.07		
Microbiological							
Coliform Bacteria (a)	% samples positive			0-0.23%	0.07%	0-1.2%	0.30%
Organic Compounds							
Total Trihalomethanes (a)	mg/L	0.1		0.024-0.051	0.037	0.0011-0.0084	0
Herbicides/Pesticides							
Alachlor	mg/L	0.002	0.004	ND	ND	ND	ND
Atrazine	mg/L	0.003		ND	ND	ND	ND
Bentazon	mg/L	0.018		ND	ND	ND	ND
Carbofuran	mg/L	0.018		ND	ND	ND	ND
Chlordane	mg/L	0.0001	0.00003	ND	ND	ND	ND
2,4-D	mg/L	0.07	0.07	ND	ND	ND	ND
Dalapon	mg/L	0.2	0.79	ND	ND	ND	ND
Dibromochloropropane (DBCP)	mg/L	0.0002		ND	ND	ND	ND
Dinoseb	mg/L	0.007	0.014	ND	ND	ND	ND
Diquat	mg/L	0.02		ND	ND	ND	ND
Endothall	mg/L	0.1	0.58	ND	ND	ND	ND
Endrin	mg/L	0.0002		ND	ND	ND	ND
Ethylene dibromide	mg/L	0.00002		ND	ND	ND	ND
Glyphosate	mg/L	0.7	1	ND	ND	ND	ND
Heptachlor	mg/L	0.00001		ND	ND	ND	ND
Heptachlor Epoxide	mg/L	0.00001		ND	ND	ND	ND
Lindane	mg/L	0.0002		ND	ND	ND	ND
Methoxychlor	mg/L	0.04		ND	ND	ND	ND
Molinate	mg/L	0.02		ND	ND	ND	ND
Oxamyl	mg/L	0.2	0.18	ND	ND	ND	ND
Pentachlorophenol	mg/L	0.001	0.00004	ND	ND	ND	ND
Picloram	mg/L	0.5	0.5	ND	ND	ND	ND
Polychlorinated Biphenyls (PCBs)	mg/L	0.0005		ND	ND	ND	ND
Simazine	mg/L	0.004		ND	ND	ND	ND
2,4,5-TP Silvex	mg/L	0.05		ND	ND	ND	ND
Thiobencarb	mg/L	0.07		ND	ND	ND	ND
Toxaphene	mg/L	0.003		ND	ND	ND	ND
Semi-Volatile							
Benzo(a)pyrene (a)	mg/L	0.0002	0.000004	ND	ND	ND	ND
Di(2-ethylhexyl)adipate	mg/L	0.4		ND	ND	ND	ND
Di(2-ethylhexyl)phthalate	mg/L	0.004	0.012	ND	ND	ND	ND
Hexachlorobenzene	mg/L	0.001		ND	ND	ND	ND
Hexachlorocyclopentadiene	mg/L	0.05		ND	ND	ND	ND
2,3,7,8-TCDD (Dioxin)	mg/L	3x10 <sup>-6</sup>		ND	ND	ND	ND

Volatile							
Benzene	mg/L	0.001		ND	ND	ND	ND
Carbon Tetrachloride	mg/L	0.0005		ND	ND	ND	ND
1,2-Dichlorobenzene	mg/L	0.6	0.6	ND	ND	ND	ND
1,4-Dichlorobenzene	mg/L	0.005	0.006	ND	ND	ND	ND
1,1-Dichloroethane	mg/L	0.005		ND	ND	ND	ND
1,2-Dichloroethane	mg/L	0.0005		ND	ND	ND	ND
1,1-Dichloroethylene	mg/L	0.006		ND	ND	ND	ND
Cis-1,2-Dichloroethylene	mg/L	0.006		ND	ND	ND	ND
Trans-1,2-Dichloroethylene	mg/L	0.01		ND	ND	ND	ND
Dichloromethane (methylene chloride)	mg/L	0.005		ND	ND	ND	ND
1,2-Dichloropropane	mg/L	0.005		ND	ND	ND	ND
1,3-Dichloropropene	mg/L	0.0005		ND	ND	ND	ND
Ethylbenzene	mg/L	0.7	0.34	ND	ND	ND	ND
Monochlorobenzene	mg/L	0.07		ND	ND	ND	ND
Styrene	mg/L	0.1		ND	ND	ND	ND
1,1,2,2-Tetrachloroethane	mg/L	0.001		ND	ND	ND	ND
Tetrachloroethylene (PCE)	mg/L	0.005		ND	ND	ND-0.0012	ND
Toluene		0.15		ND	ND	ND	ND
1,2,4-Trichlor		0.07		ND	ND	ND	ND
1,1,1-Trichlor		0.2		ND	ND	ND	ND
1,1,2-Trichlor		0.005		ND	ND	ND	ND
Trichloroethyl		0.005		ND	ND	ND-0.0044	ND
Trichlorofluor		0.15	0.07	ND	ND	ND	ND
1,1,2-Trichlor Trifluoroethar		1.2	4	ND	ND	ND	ND
Vinyl Chlorid		0.0005		ND	ND	ND	ND
Xylenes		1.75	1.8	ND	ND	ND	ND
Inorga							
Aluminum	mg/L	0.05		0.137-0.306	0.191	ND	ND
Antimony	mg/L	0.006	0.02	ND	ND	ND	ND
Arsenic	mg/L	0.05		0.0023-0.0027	0.0025	ND	ND
Asbestos (a)	MFL	7		ND	ND	NT	NT
Barium	mg/L	1		0.101-0.110	0.106	ND	ND
Beryllium	mg/L	0.004		ND	ND	ND	ND
Cadmium	mg/L	0.005		ND	ND	ND	ND
Chromium	mg/L	0.05		ND	ND	ND	ND
Copper (c)(a)	mg/L	1.3	0.17	ND	ND	ND	ND
Cyanide	mg/L	0.2	0.15	ND	ND	ND	ND
Fluoride (a)(b)	mg/L	1.4-2.4	0.8	0.21-0.32	0.25		
Lead (c)(a)	mg/L	0.015	0.002	ND	ND	ND	ND
Mercury	mg/L	0.002		ND	ND	ND	ND
Nickel	mg/L	0.1		ND-0.002	ND	ND	ND

AS SCAN  
the WW (contaminants)

Nitrate (as nitrogen)	mg/L	10	10	0.05-0.34	0.18		
Nitrite (as nitrogen)	mg/L	1	1	ND	ND	ND	ND
Selenium	mg/L	0.05		ND	ND	ND	ND
Thallium	mg/L	0.002		ND	ND	ND	ND
<b>Radioactivity</b>							
Gross Alpha	pCi/L	15		ND-10.0	6.6	0.9-10.6	4.2
Gross Beta	pCi/L	50		1.4-10.3	6.8	NR	NR
Radium-226	pCi/L	5		ND-1.1	ND	NR	NR
Radium-228	pCi/L	5		ND-1.6	1	NR	NR
Radium-222	pCi/L	NS		ND-91	ND	231-1187	550
Strontium-90	pCi/L	8		ND-1.0	ND	NR	NR
Tritium	pCi/L	20,000		ND	ND	NR	NR
Uranium	pCi/L	20	1	3.4-5.7	4.9	NR	NR
<b>SECONDARY STANDARDS: Aesthetic Standards set by Cal-DHS</b>							
<b>Chemical Constituents</b>							
Aluminum	mg/L	0.2				ND	ND
Chloride	mg/L	250		80-96	85		
Color	UNITS	15		1-2	1	ND	ND
Foaming Agents (MBAS)	mg/L	0.5		ND	ND	ND	ND
Iron	mg/L	0.3		ND	ND	ND	ND
Manganese	mg/L	0.05		ND	ND	ND	ND
Odor Threshold	TON	3				ND	ND
pH	UNITS	NS		7.98-8.16	8.06	7.2-8.34	7.34
Silver	mg/L	0.1		ND	ND	ND	ND
Specific Conductance	µmho/cm	900		839-1061	929	268-625	424
Sulfate	mg/L	250		197-227	227		
Total Dissolves Solids	mg/L	500		521-675	578	212-456	411
Turbidity	NTU	5		0.06-0.07	0.07		
Zinc	mg/L	5		ND	ND	ND	ND
<b>Additional Constituents</b>							
Alkalinity as CaCO <sub>3</sub>	mg/L	NS		103-126	113	104-220	154
Calcium	mg/L	NS		56-77	66	19-88	53
Hardness as CaCO <sub>3</sub>	mg/L	NS		239-320	273	57-389	220
Magnesium	mg/L	NS		23.5-31	26	2.3-41	26
Potassium	mg/L	NS		3.9-4.7	4.2	0.7-2.5	1.5
Sodium	mg/L	NS		80-103	88	20-50	40

- (a) Samples are collected throughout the distribution system  
(b) Standard depends on air temperature  
(c) Lead/Copper Rule Action Levels  
mg/L Milligrams per liter (ppm)  
pCi/L Pico Curies per liter  
MFL Million fibers per liter (longer than 10 microns)

NS No Standard  
ND Not detected  
NR Monitoring not required  
NA Not applicable

Public Health Goals are levels of drinking water contaminants at which adverse health effects are not expected to occur from a lifetime of exposure and are proposed by the Office of Environmental Health Hazard Assessment, California Environmental Protection Agency (OEHHA, Cal/EPA)

(NOTE: For additional information regarding the drinking water quality for the Presidio of Monterey or the POM Annex / former Fort Ord, you may contact Ms. Chieko Nguyen of DENR Environmental Management Division at 899-7372, or Mr. Rick Michaels, Industrial Hygienist of Cal-Med Detachment at 242-7585.)

*The Presidio of Monterey (POM) and the POM Annex dedicate considerable resources to assure our drinking water sustains the stringent federal and California standards.*



## POM Annex Water Report

***Here is the report on the quality of water  
delivered to the POM Annex in 1997.***

Potable water is produced from three wells within the former Fort Ord boundary. The same team of DENR, DPW and Cal-Med tested the quality of the ground water for various organic, inorganic and other chemicals, in addition to the fluoride, microbiological and lead & copper monitoring programs. All monitoring results met the State, EPA and DA standards during 1997.

Note: The POM Annex / former Fort Ord water system is currently not fluoridating the water. Fluoridation at the POM Annex / former Fort Ord will resume when a revised permit is issued by the State of California for the new water treatment system.



**1997 ANNUAL WATER QUALITY REPORT**  
**Presidio of Monterey, Annex**

**PRIMARY STANDARDS: Mandatory Health-Related Standards Established by California Department of Health Services**

**(A) Distribution System Monitoring**

PARAMETER	UNITS	MCL [a]	DISTRIBUTION SYSTEM	
MICROBIOLOGICAL MONITORING				
Coliform Bacteria	# Samples	1 [m]	Range:	0
	Positive per Month		Average:	0
	# Acute	0 [n]	Range:	0
	Violations		Average:	0
LEAD AND COPPER				
Lead	mg/L	0.015 [b]	90th Percentile:	0.0062
Copper	mg/L	1.3 [b]	90th Percentile:	0.72
TRIHALOMETHANES				
Total Trihalomethanes (TTHM) [j]	mg/L	0.1	Average:	0.0027

**(B) Source Water - Ground Water Monitoring**

PARAMETER	UNITS	MCL	RANGE	AVERAGE
<b>VOLATILE ORGANIC CHEMICALS</b>				
Total Trihalomethanes (TTHM) <sup>[j]</sup>	mg/L	—	N.D.	N.D.
Benzene	mg/L	0.001	N.D.	N.D.
Carbon Tetrachloride	mg/L	0.0005	N.D.	N.D.
1,2-Dichlorobenzene (o-DCB)	mg/L	0.6	N.D.	N.D.
1,4-Dichlorobenzene (p-DCB)	mg/L	0.005	N.D.	N.D.
1,1-Dichloroethane (1,1-DCA)	mg/L	0.005	N.D.	N.D.
1,2-Dichloroethane (1,2-DCA)	mg/L	0.0005	N.D.	N.D.
1,1-Dichloroethylene (1,1-DCE)	mg/L	0.006	N.D.	N.D.
cis-1,2-Dichloroethylene (c-1,2-DCE)	mg/L	0.006	N.D.	N.D.
trans-1,2-Dichloroethylene (t-1,2-DCE)	mg/L	0.01	N.D.	N.D.
Dichloromethane (Methylene Chloride)	mg/L	0.005	N.D.	N.D.
1,2-Dichloropropane	mg/L	0.005	N.D.	N.D.
1,3-Dichloropropane	mg/L	0.0005	N.D.	N.D.
Ethylbenzene	mg/L	0.7	N.D.	N.D.
Monochlorobenzene (Chlorobenzene)	mg/L	0.07	N.D.	N.D.
Styrene	mg/L	0.1	N.D.	N.D.
1,1,2,2-Tetrachloroethane	mg/L	0.001	N.D.	N.D.
Tetrachloroethylene (PCE)	mg/L	0.005	N.D.	N.D.
Toluene	mg/L	0.15	N.D.	N.D.
1,2,4-Trichlorobenzene	mg/L	0.07	N.D.	N.D.
1,1,1-Trichloroethane (1,1,1-TCA)	mg/L	0.200	N.D.	N.D.
1,1,2-Trichloroethane (1,1,2-TCA)	mg/L	0.005	N.D.	N.D.
Trichloroethylene (TCE)	mg/L	0.005	N.D.	N.D.
Trichlorofluoromethane (Freon 11)	mg/L	0.15	N.D.	N.D.

**1997 ANNUAL WATER QUALITY REPORT**  
**Presidio of Monterey, Annex**

PARAMETER	UNITS	MCL	RANGE	AVERAGE
1,1,2-Trichloro-1,2,2-Trifluoroethane (Freon 113)	mg/L	1.2	N.D.	N.D.
Vinyl Chloride (VC)	mg/L	0.0005	N.D.	N.D.
m,p-Xylene	mg/L	—	N.D.	N.D.
o-Xylene	mg/L	—	N.D.	N.D.
Total Xylenes (m,p, & o)	mg/L	1.750	N.D.	N.D.

**NON-VOLATILE SYNTHETIC ORGANIC CHEMICALS**

Alachlor (ALANEX)	mg/L	0.002	N.D.	N.D.
Atrazine (AATREX)	mg/L	0.003	N.D.	N.D.
Bentazon (BASAGRAN)	mg/L	0.018	N.D.	N.D.
Benzo (a) pyrene	mg/L	0.0002	N.D.	N.D.
Carbofuran (FURADAN)	mg/L	0.018	N.D.	N.D.
Chlordane	mg/L	0.0001	N.D.	N.D.
2,4-D	mg/L	0.07	N.D.	N.D.
Dalapon	mg/L	0.2	N.D.	N.D.
Dibromochloropropane (DBCP)	mg/L	0.0002	N.D.	N.D.
Di (2-ethylhexyl) adipate (DEHA)	mg/L	0.4	N.D.	N.D.
Di (2-ethylhexyl) phthalate (DEHP)	mg/L	0.004	N.D.	N.D.
Dinoseb (DNBP)	mg/L	0.007	N.D.	N.D.
Diquat	mg/L	0.02	N.D.	N.D.
Endothall	mg/L	0.1	N.D.	N.D.
Endrin	mg/L	0.002	N.D.	N.D.
Ethylene Dibromide (EDB)	mg/L	0.00005	N.D.	N.D.
Glyphosate	mg/L	0.7	N.D.	N.D.
Heptachlor	mg/L	0.00001	N.D.	N.D.
Heptachlor Epoxide	mg/L	0.00001	N.D.	N.D.
Hexachlorobenzene	mg/L	0.001	N.D.	N.D.
Hexachlorocyclopentadiene	mg/L	0.05	N.D.	N.D.
Lindane (gamma-BHC)	mg/L	0.0002	N.D.	N.D.
Methoxychlor	mg/L	0.04	N.D.	N.D.
Molinate (ORDRAM)	mg/L	0.02	N.D.	N.D.
Oxamyl (Vydate)	mg/L	0.2	N.D.	N.D.
Pentachlorophenol (PCP)	mg/L	0.001	N.D.	N.D.
Picloram	mg/L	0.5	N.D.	N.D.
Polychlorinated Biphenyls (Total PCBs)	mg/L	0.0005	N.D.	N.D.
Simazine (PRINCEP)	mg/L	0.004	N.D.	N.D.
Thiobecarb (BOLERO)	mg/L	0.07	N.D.	N.D.
Toxaphene	mg/L	0.003	N.D.	N.D.
2,3,7,8-TCDD (Dioxin)	mg/L	3 x 10e-8	N.D.	N.D.
2,4,5-TP (Silvex)	mg/L	0.05	N.D.	N.D.

**1997 ANNUAL WATER QUALITY REPORT**  
**Presidio of Monterey, Annex**

PARAMETER	UNITS	MCL	RANGE	AVERAGE
<b>INORGANIC CHEMICALS</b>				
Aluminum	mg/L	1	N.D.	N.D.
Antimony	mg/L	0.006	N.D.	N.D.
Arsenic	mg/L	0.05	N.D. - 0.0025	N.D.
Asbestos	MFL <sub>[K]</sub>	7	N.D.	N.D.
Barium	mg/L	1	N.D.	N.D.
Beryllium	mg/L	0.004	N.D.	N.D.
Cadmium	mg/L	0.005	N.D.	N.D.
Total Chromium	mg/L	0.05	N.D.	N.D.
Cyanide	mg/L	0.2	N.D.	N.D.
Fluoride (Max. Temp = 65.5°F)	mg/L	1.8	N.D.	N.D.
Mercury	mg/L	0.002	N.D.	N.D.
Nickel	mg/L	0.1	N.D.	N.D.
Nitrate (as nitrogen)	mg/L	10	1.18 - 2.16	1.7
Nitrite (as nitrogen)	mg/L	1	N.D.	N.D.
Selenium	mg/L	0.05	N.D.	N.D.
Thallium	mg/L	0.002	N.D.	N.D.
<b>RADIOACTIVITY</b>				
Gross Alpha Activity	pCi/L <sub>[J]</sub>	5	2.72 - 3.21	2.92

**SECONDARY STANDARDS: Aesthetic Standards Established by California Department of Health Services**

<b>SECONDARY STANDARDS</b>				
Aluminum	mg/L	0.2	N.D.	N.D.
Apparent Color (unfiltered)	Color Units	15	N.D.	N.D.
Copper	mg/L	1.0	N.D.	N.D.
Forming Agents (MBAS)	mg/L	0.5	N.D. - 0.028	N.D.
Iron	mg/L	0.3	N.D.	N.D.
Manganese	mg/L	0.05	N.D. - 0.034	N.D.
Odor Threshold (60°C)	TON <sub>[I]</sub>	3	N.D.	N.D.
Silver	mg/L	0.1	N.D.	N.D.
Thiobencarb (BOLERO)	mg/L	0.001	N.D.	N.D.
Lab Turbidity	NTU <sub>[I]</sub>	5	N.D. - 0.1	N.D.
Zinc	mg/L	5.0	N.D.	N.D.

<b>RECOMMENDED SECONDARY STANDARDS</b>				
Total Filterable Residue at 180°C (TDS <sub>[I]</sub> )	mg/L	500	250 - 380	320
Specific Conductance (EC)	umho/cm <sub>[Q]</sub>	900	480 - 640	563
Chloride	mg/L	250	45 - 67	60
Sulfate	mg/L	250	59 - 84	70

**1997 ANNUAL WATER QUALITY REPORT  
Presidio of Monterey, Annex**

PARAMETER	UNITS	MCL	RANGE	AVERAGE
<b>ADDITIONAL CONSTITUENTS: No standards have been established by California Department of Health Services</b>				
pH	pH Units	—	7.4 - 7.7	7.6
Hydroxide (OH)	mg/L	—	N.D.	N.D.
Carbonate (CO <sub>3</sub> )	mg/L	—	N.D.	N.D.
Bicarbonate (HCO <sub>3</sub> )	mg/L	—	100 - 140	120
Lead	mg/L	—	N.D.	N.D.
Calcium	mg/L	—	45 - 47	49
Magnesium	mg/L	—	13 - 20	17
Potassium	mg/L	—	2.3 - 2.7	2.6
Sodium	mg/L	—	32 - 45	40
Total Hardness (as CaCO <sub>3</sub> )	mg/L	—	160 - 220	183

**UNREGULATED ORGANIC CHEMICALS**

**List A**

Bromobenzene	µg/L	—	N.D.	N.D.
Bromodichloromethane	µg/L	—	N.D.	N.D.
Bromoform	µg/L	—	N.D.	N.D.
Bromomethane (Methyl Bromide)	µg/L	—	N.D.	N.D.
Chlorodibromomethane	µg/L	—	N.D.	N.D.
Chloroethane	µg/L	—	N.D.	N.D.
Chloroform	µg/L	—	N.D.	N.D.
Chloromethane (Methyl Chloride)	µg/L	—	N.D.	N.D.
2-Chlorotoluene	µg/L	—	N.D.	N.D.
4-Chlorotoluene	µg/L	—	N.D.	N.D.
Dibromomethane	µg/L	—	N.D.	N.D.
1,3-Dichlorobenzene (m-DCB)	µg/L	—	N.D.	N.D.
Dichlorodifluoromethane	µg/L	—	N.D.	N.D.
1,3-Dichloropropane	µg/L	—	N.D.	N.D.
2,2-Dichloropropane	µg/L	—	N.D.	N.D.
1,1-Dichloropropene	µg/L	—	N.D.	N.D.
1,1,1,2-Tetrachloroethane	µg/L	—	N.D.	N.D.
1,2,3-Trichloropropane	µg/L	—	N.D.	N.D.

**List B**

Bromacil (HYVAR)	µg/L	—	N.D.	N.D.
Bromochloromethane	µg/L	—	N.D.	N.D.
n-Butylbenzene	µg/L	—	N.D.	N.D.
sec-Butylbenzene	µg/L	—	N.D.	N.D.
tert-Butylbenzene	µg/L	—	N.D.	N.D.
Chlorothalonil	µg/L	—	—	—
Diazinon	µg/L	—	N.D.	N.D.
Dimethoate (CYGON)	µg/L	—	N.D.	N.D.
Diuron	µg/L	—	—	—
Hexachlorobutadiene	µg/L	—	N.D.	N.D.



**1997 ANNUAL WATER QUALITY REPORT**  
**Presidio of Monterey, Annex**

PARAMETER	UNITS	MCL	RANGE	AVERAGE
<b>ADDITIONAL CONSTITUENTS: No standards have been established by California Department of Health Services</b>				
pH	pH Units	—	7.4 - 7.7	7.6
Hydroxide (OH)	mg/L	—	N.D.	N.D.
Carbonate (CO <sub>3</sub> )	mg/L	—	N.D.	N.D.
Bicarbonate (HCO <sub>3</sub> )	mg/L	—	100 - 140	120
Lead	mg/L	—	N.D.	N.D.
Calcium	mg/L	—	45 - 47	49
Magnesium	mg/L	—	13 - 20	17
Potassium	mg/L	—	2.3 - 2.7	2.6
Sodium	mg/L	—	32 - 45	40
Total Hardness (as CaCO <sub>3</sub> )	mg/L	—	160 - 220	183

**UNREGULATED ORGANIC CHEMICALS**

**List A**

Bromobenzene	µg/L	—	N.D.	N.D.
Bromodichloromethane	µg/L	—	N.D.	N.D.
Bromoform	µg/L	—	N.D.	N.D.
Bromomethane (Methyl Bromide)	µg/L	—	N.D.	N.D.
Chlorodibromomethane	µg/L	—	N.D.	N.D.
Chloroethane	µg/L	—	N.D.	N.D.
Chloroform	µg/L	—	N.D.	N.D.
Chloromethane (Methyl Chloride)	µg/L	—	N.D.	N.D.
2-Chlorotoluene	µg/L	—	N.D.	N.D.
4-Chlorotoluene	µg/L	—	N.D.	N.D.
Dibromomethane	µg/L	—	N.D.	N.D.
1,3-Dichlorobenzene (m-DCB)	µg/L	—	N.D.	N.D.
Dichlorodifluoromethane	µg/L	—	N.D.	N.D.
1,3-Dichloropropane	µg/L	—	N.D.	N.D.
2,2-Dichloropropane	µg/L	—	N.D.	N.D.
1,1-Dichloropropene	µg/L	—	N.D.	N.D.
1,1,1,2-Tetrachloroethane	µg/L	—	N.D.	N.D.
1,2,3-Trichloropropane	µg/L	—	N.D.	N.D.

**List B**

Bromacil (HYVAR)	µg/L	—	N.D.	N.D.
Bromochloromethane	µg/L	—	N.D.	N.D.
n-Butylbenzene	µg/L	—	N.D.	N.D.
sec-Butylbenzene	µg/L	—	N.D.	N.D.
tert-Butylbenzene	µg/L	—	N.D.	N.D.
Chlorothalonil	µg/L	—	—	—
Diazinon	µg/L	—	N.D.	N.D.
Dimethoate (CYGON)	µg/L	—	N.D.	N.D.
Diuron	µg/L	—	—	—
Hexachlorobutadiene	µg/L	—	N.D.	N.D.

# NEWS

## Adopt-a-Pet Update from the Post Veterinarian

Adoptable dogs and cats are available at the Veterinarian Clinic, Building 4380, Parker Flats Road, POM Annex. All the pets need a good home and loving care. Costs is \$27 for cats and \$29 for dogs. Fees include rabies and booster shots. If you're thinking of getting a pet, make the Veterinarian Clinic your first stop.

### Hours:

Mon: 8 a.m.-noon / 1:30-3 p.m.

Tues: 8 a.m.-noon / 1:30-3 p.m.

Clinic Day (appointment only)

**adoptions**, vaccinations, minor sick call, health certificates limited diagnosis, base registration (no emergency/surgical services)

Wed: Temporarily Closed

Thurs & Fri: 8 a.m.-noon / 1:30-3 p.m.

## Middle East Ethnic Meal

Served at  
Combs Hall Dining Facility  
Building 627  
(Rifle Range Road)  
Presidio of Monterey

**May 10**  
from noon to 3 p.m.

**Open to Students,  
Family Members and  
Guests of Staff and Faculty**

**Cost per person \$3.20**  
(Note: Junior enlisted, below and their family members, \$2.40)

## New Self-Esteem Workshop group

**POM ANNEX** - Army Community Service is offering a new group workshop dealing with self-esteem for military spouses. The workshop is called "Work, Self-Esteem and You." This is a small group that meets each Wednesday from 1-2:30 p.m. The group will deal with problems of being a military spouse, moving from place to place and job to job. This group will provide on-going support and assistance in meeting daily life challenges. By building self-esteem these life challenges become manageable and offer a chance for personal growth. Learn how to be happy no matter where you are stationed or what kind of work you do. This workshop is really a place to share information, make friends, and receive encouragement. Please come and join us. Make your reservation by calling Anita Rothard at ACS Employment Service, 242-7907.

There is a leash law in effect, and it's important that your animal is secured by being inside your quarters or when outside, ensure the leash does not allow the animal to have access to common use areas.

## PETRA CAFE!

### An Outreach of the Presidio of Monterey Chapel

Building 619 (Nakamura Hall) - across from Combs Hall Dining Facility

**QUESTIONS? Call the Chaplain's Office at 242-5281.**

Since first opening in June 1997 the Petra Cafe events have been a huge success -- Petra Cafe has become the place to be on Friday nights. Come on out, bring a friend(s) and enjoy yourself at the Petra Cafe! We meet on Friday nights in Nakamura Hall. We have OUTSTANDING entertainment lined up, that you will thoroughly enjoy. An evening at the Petra Cafe is absolutely FREE of charge for military and family members. That is right, you heard correctly - FREE! No charge for the food, beverages or entertainment! This is an outstanding way to spend your Friday Nights! The Petra Cafe is sponsored by your installation Chaplain.

<b>FRIDAY, May 8</b>	<b>Mark Kenoly Contemp. Gospel</b>	<b>7:30 -10:30 p.m.</b>
<b>FRIDAY, May 15</b>	<b>Game/Video Night</b>	<b>7:30 -10:30 p.m.</b>
<b>FRIDAY, May 22</b>	<b>Closed</b>	<b>Holiday</b>
<b>FRIDAY, May 29</b>	<b>Shadrach (Rock)</b>	<b>7:30-10:30 p.m.</b>

## Play "Bingo"

### Every Thursday Night

**POM ANNEX** - Calling all Bingo players! Weekly bingo is held every Thursday at the General Stilwell Community Center, Building 4260, Gigling Road on the POM Annex. Cards will go on sale at 6 p.m.

There will be an Early Bird Game at 6:30 p.m. and regular play will begin at 7 p.m. The total payoff for the night will be \$6,000. Minimum entry fee is \$25 (gives two nine on, 18 up).

For extra cover all, cost is \$2 (one on, three up) Potential winning per game is \$275. The Early Bird, cost is \$1 and pay off is up to \$75 per game.

Civilians/guests, not authorized, must pay \$2 for weekly Bingo Pass \$5 for monthly Bingo Pass. For more information call The Edge Club at 649-1822 or 649-1823.

**Community Library**

**Chamberlin Library**

(Building 4275, 242-7680)

**SPOTLIGHT  
ON LANGUAGE**

Chamberlin Library salutes Worldwide Language Olympics with displays continuing into the month of May.

The public is invited to visit Sundays through Thursdays between noon and 7 p.m. to see the many resources available in support of language learning and cultural understanding.

For additional information, call 242-7680.

*One of the last  
former Fort Ord facilities  
continuing to serve*

**Academic Library**

**Aiso Library**

(Building 617, 242-5572)

**A reference  
library to:**

- Reserve the Internet computer for half an hour
- Read a Russian magazine
- Check out a SCOLA video overnight
- Reserve the Conference Room
- Use the CD-ROM language software
- Advertise on the bulletin board
- Use a modern electronic card catalog — and an old fashioned one
- Get material on inter-library loans.
- Check out a video or map
- Study

**ODR / ITT**

**Outdoor Recreation and Information, Travel and Tours**

242-6133/5506, Building 228, Lewis Hall, Presidio of Monterey

Hours: 10:30 a.m.-6 p.m., Monday through Friday (2-3 p.m. closed/lunch)

**Rescue Diver Course:** The next Rescue Diver Course will be held May 18-19, course fee is \$175.

**SCUBA Diving - Condensed Open Water I Course:**

The Condensed Open Water I Course will be held May 22-25, Memorial Day Weekend. Cost is \$260. Dive into an adventure when you learn SCUBA through our Open Water I class. Outdoor also offers advanced instruction, rental gear and select retail items.

**Kelp Diver Course:** On May 22 a Kelp Diver Course will be held out Outdoor Recreation. Cost is \$50.

**Underwater Hunter:** On May 25, attend the next Underwater Hunter Course. Cost is \$125. Do you like fresh seafood? Really Fresh? Then join us for an adventure with the PADI Underwater Hunter Course. Not only will you learn the features of different types of spearguns and devices, but you'll get hands-on experience with safety, selection of fish and invertebrates, and hopefully take home dinner!! The course will consist of a lecture and two local dives. SCUBA certification is required.

**Surf Class:** Learn how to the "ride the waves," with Outdoor Recreation; the next classes are scheduled for May 9 & June 13, fee is \$40.

**Discount Tickets:** Don't forget to stop by the ITT Office and Outdoor Recreation before departing on your next outing. We offer discounts to the local movie theaters, Aquarium, See's Candies, Disneyland and numerous other attractions. We can also assist you with lodging and auto rentals. See below.

**Tickets Available**

**Swim Passes**

for Monterey Sports Center

**Movie Passes**

*Galaxy 6*

at Del Monte Mall &  
Lighthouse/Crossroad

**Phone Cards (Prepaid)**

50 units - \$9.95

100 units - \$19.95

200 units - \$37.95 & up

**Car Rentals**

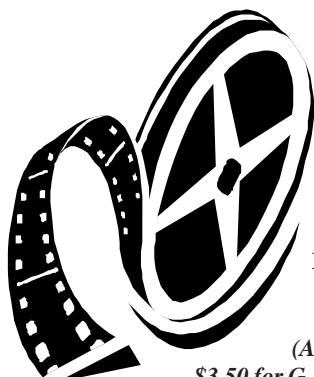
for all active duty ages 18 & up  
(economy car rate: \$25 per day)

**ITT tours**

- |           |                                               |
|-----------|-----------------------------------------------|
| May 8     | The King and I, in San Francisco (\$55)       |
| May 9     | San Francisco Get Acquainted Tour (\$20)      |
| May 16    | Marine World Africa USA (\$30)                |
| May 21    | Phantom of the Opera, in San Francisco (\$55) |
| May 23-25 | Disney Magic Tour (\$189)                     |

## Barker Theater

Presidio of Monterey Annex



393-2095

Movies scheduled  
subject to change.  
Located next to the  
PX on POM Annex  
(former Fort Ord).

Military I.D. not required  
Adults (12 & up) \$3.50  
Children (5-11) \$2  
(All children will be charged  
\$3.50 for G-rated and Matinee movies.)

Fri	May 8	7 p.m.	Good Will Hunting (R)
Sat	May 9	1 p.m.	Meet the Deedles (PG)
		6:30 p.m.	Primary Colors (R)
		9 p.m.	Wild Things (R)
Sun	May 10	7 p.m.	Primary Colors (R)
Fri	May 15	7 p.m.	Wild Things (R)
Sat	May 16	1 p.m.	Grease (PG)
		6:30 p.m.	Mercury Rising (R)
		9 p.m.	The Newton Boys (PG-13)
Sun	May 17	7 p.m.	Mercury Rising (R)
Fri	May 22	7 p.m.	The Newton Boys (PG-13)
Sat	May 23	1 p.m.	Mr. Nice Guy (PG-13)
		6:30 p.m.	Lost in Space (PG-13)
		9 p.m.	Species II (R)
Sun	May 24	7 p.m.	Lost in Space (PG-13)

### NEW hours starting May 7: Showtime will be 7 p.m.

Fri	May 8	7 p.m.	Twilight (R)
Sat	May 9	7 p.m.	Man In The Iron Mask (PG-13)
Thurs	May 14	7 p.m.	As Good As It Gets (PG-13)
Fri	May 15	7 p.m.	Good Will Hunting (R)
Sat	May 16	7 p.m.	The Big Lebowski (R)
Thurs	May 21	7 p.m.	Meet The Deedles
Fri	May 22	7 p.m.	Primary Colors (R)
Sat	May 23	7 p.m.	Wild Things (R)
Thurs	May 28	7 p.m.	Mr. Nice Guy (PG-13)
Fri	May 29	7 p.m.	Lost in Space (PG-13)
Sat	May 30	7 p.m.	Species II (R)
Thurs	June 4	7 p.m.	Titanic (PG-13)
Fri	June 5	7 p.m.	Titanic (PG-13)
Sat	June 6	7 p.m.	Titanic (PG-13)

## POM Theater

Presidio of Monterey

372-1249

Movies scheduled  
subject to change.  
(Located near Soldier  
Field / High Street Gate)

Military I.D. not required  
Adults (12 & up) \$3.50  
Children (5-11) \$2  
(All children will be charged  
\$3.50 for G-rated and Matinee movies.)



**Armed Forces  
Day  
May 16**

### To All In Uniform:

“Armed Forces Day above all, honors the dedicated individuals who wear the uniforms of their country. Each serviceman, wherever he may be, whatever his task, contributes directly and importantly to the defense of the nation. The task of each one is the task of all the Armed Forces: to protect the freedoms which underlie the greatness of America.”

Gen. Earle G. Wheeler (1908-1975)  
Chairman, Joint Chief of Staff



## Continuing education -- key to your career and future

Visit the POM Education Center,  
located in Building 273, Presidio of Monterey  
242-5325 or 242-5866

### **Education Center: Cure for Boredom**

Are you looking to meet new people in the community? Are you interested in earning your associate's degree or just furthering your education? Try Monterey Peninsula College! MPC offers a variety of courses that are convenient for DLI students. Try the Independent Fitness Program where you can earn credit for PT! Also look into taking some interesting classes included in the Living Room series such as the Foreign Language Work Experience course, or consider some fun classes like massage therapy, drama, ceramics, dance classes and many more. The summer class schedules are now on hand, so drop by the POM Education Center for more information about what's available and how to sign up.

### **MPC/DLI Summer Classes begin May 30**

Schedules, enrollment and tuition assistance forms for Monterey Peninsula College's summer semester (May 30 - Aug. 8) are available at the Education

Center, Building 273. Call 242-5325. Monterey Peninsula College (MPC) summer registration is now on-going. Of special interest to DLI students in the Foreign Language AA program is the weekend geology course (May 30 - Aug. 8) which meets the laboratory science requirement for the AA degree. Since the geology course is open to the entire community, DLI students are urged to enroll as soon as possible.

### **Foreign Language Degree Briefings**

Weekly briefings for the MPC/DLI Associate in Arts Degree in Foreign Language are scheduled on **Tuesdays at 5 p.m.** at the Weckerling Center. If you have an above average DLI GPA and will be at the POM until at least the end of this October, the MPC/DLI AA degree may be a very attractive program for you.

### **Army Student Loan Repayment Briefings**

The Education Center offers Army student loan repayment briefings the first

Thursday of every month at 4 p.m. in the AISO Library. Soldiers who were offered repayment of student loans as an enlistment incentive are encouraged to attend.

## Upcoming Test Dates

June 4 ACTPEP (3 p.m.)  
June 11 Clep Eng. (4 p.m.)  
w/Essay  
June 15 SAT (8 a.m.)  
w/Essay  
Aug. 3 ACT (1:30 p.m.)

Visit the POM Education Center for scheduling and authorization to take any of the above tests. All of the listed tests are administered free to first time military examinees. Early registration is advised. GRE tests are not scheduled at Military Education/Test Centers for the remainder of 1998, although they may still be scheduled at civilian test centers.

## Armed Forces Day -- May 16

"Worth  
Repeating"

Source:

A  
F  
I  
S

Armed  
Forces  
Information  
Service

**"Guard zealously your right to serve in the Armed Forces, for without them, there will be no other rights to guard."**

John F. Kennedy (1917-1963) U.S. President

**"On the calendar, Armed Forces Day comes but once a year; but you who stand on the ramparts of freedom know that Armed Forces Day is not only a day but truly a way of life."**

Ronald Reagan (1911 - ) U.S. President

**"Your commitment to defend the fundamentals on which this nation was founded is a noble and selfless endeavor. Whether at home or in foreign lands, you are serving your country with commitment and patriotism."**

Dick Cheney (1941- ) U. S. Secretary of Defense

**"Close understanding between members of our Armed Forces and members of civilian communities is most important to preserve the high level of national readiness necessary for safeguarding the Free World."**

Gen. Nathan F. Twining (1897-1982) Chairman, Joint Chiefs of Staff

## Monterey County Chapter American Red Cross

Building 234, POM, 242-6800

*Keeping Monterey County safe for 100 years  
(1898-1998)*



**POM** - The following American Red Cross Monterey County chapter classes are held in Building 234, POM (intersection Patton Avenue and Infantry Street). Classes fill up fast. Reserve your space NOW to learn these valuable lifesaving skills, because ...Help can't wait.

### *Health and Safety Classes*

*Classes do cost (prepay), however there are discounts for active duty and their spouses -- bring your military I.D.)*

(NOTE: CPR must be taken prior to taking First Aid Classes.)

#### California Child Care Course

**MODULE (Health & Safety Units)**

•May 9

**MODULE 2 (Pediatric CPR/first aid)**

•June 13

#### Baby Sitting Skills Class

(NOTE: Cost is \$35 and will include child and infant CPR)

•May 23 (9 a.m.-5 p.m.)

& May 30 (9 a.m.-5 p.m.)

•June 20 (9 a.m.-5 p.m.)

& June 27 (9 a.m.-5 p.m.)

#### Standard First Aid (after hours)

(Meets two evenings or one Saturday)

(\$25 military / \$30 civilians)

•June 17 (6-10 p.m., Wed.)

& June 18 (6-8:30 p.m., Thurs.)

#### Standard First Aid (daytime)

•May 11 (9 a.m.-5 p.m., Mon.)

### ERV WORKSHOP

**May 23**

**Saturday  
1-4 p.m.**

This workshop is to teach procedures for operating and working aboard the Emergency Response Vehicle (ERV). Prerequisites are: Mass Care, CPR and First Aid certificates, valid CDL, and DMV print out.

For more information, call the Red Cross at **242-6800**.

#### Community First Aid and Safety

(\$30 military / \$40 civilians)

•May 16 (9 a.m.-7 p.m., Sat.)

•June 6 (9 a.m.-7 p.m., Sat.)

•June 15 (6-8:30 p.m., Mon.)

& June 16 (6-8:30 p.m., Tues.)

#### Community First Aid & Safety

•May 16 (9 a.m.-7 p.m., Sat.)

•June 6 (9 a.m.-7 p.m., Sat.)

•June 15 (6-10 p.m., Mon.)

& June 16 (6-8:30 p.m., Tues.)

### *Disaster Services Classes*

*No cost for classes  
(free for military or civilians)*

*All classes are held at Building 234, POM*

#### Introduction to Disaster Services

•June 2 (6-9 p.m., Tues.)

#### Emergency Assistance I

(Prerequisite: Intro to Disaster Services)

•May 20 (6-10 p.m., Wed.)

& May 21 (6-10 p.m., Thurs.)

#### Emergency Assistance II

(Prerequisite: Intro to Disaster Services)

•May 20 (6-10 p.m., Wed.)

& May 21 (6-10 p.m., Thurs.)

#### Shelter Operations Workshop

(Prerequisite: Intro to Disaster Services)

•June 24 (6-9 p.m., Wed.)

#### Damage Assessment I

(Prerequisite: Intro to Disaster Services)

•June 11 (6-9 p.m., Thurs.)

#### Mass Care I

(Prerequisite: Intro to Disaster Services)

•May 12 (6-10 p.m.)

#### Shelter Operations Workshop

(Prerequisite: Intro to Disaster Services)

•June 24 (6-9 p.m.)

## U.S. Army Center for Health Promotion and Preventive Medicine

by BethAnn Cameron

According to the National Weather Service, seasonal allergies will be more prevalent this year due to the effects in weather patterns created by El Nino. Windy weather will cause an increased rate of dispersal of pollen and spores from trees, grasses, weeds and some flowering plants. Damp basements, food storage areas, compost heaps and barns will increase the production of certain fungi and spores. Allergies can affect people regardless of age, gender, or prior health status.

An allergy is an exaggerated reaction from the human body to external invaders such as viruses, bacteria and foreign substances. The immune system normally responds by producing antibodies and body chemicals which fight these invaders. The problem starts when a person produces too much of these chemicals, resulting in mild to severe symptoms which we call "allergic reactions."

Many types of allergies are seasonal depending on which pollens are prevalent. Allergic rhinitis (known as hay fever) is a common seasonal allergy. Common symptoms may include sneezing, post nasal drip, headache, wheezing, nasal congestion and eye irritation. In some individuals, contact with pollen can cause skin eruptions such as hives or eczema. Allergy symptoms usually occur intermittently, but may also be continuous with ranges of intensity. Anaphylactic shock is a rare but severe condition in which there is swelling of the larynx and obstruction of the airway. It is life threatening and requires emergency medical treatment.

One simple strategy for managing seasonal allergies is avoidance. During the peak pollen season, avoid outside activities. Minimize early morning activity between 5 a.m. and 10 a.m. when pollen levels are the highest. Use an air conditioner and keep windows of the house and car closed. Try to stay indoors on windy days. Avoid mowing grass, raking leaves and entering barns. Change dehumidifier filters regularly. Keeping windows closed and using exhaust fans in the bathroom and kitchen can reduce the incidence of outdoor molds. Avoid other non-specified irritants such as cigarette smoke, aerosols, strong odors, perfumes and insecticides.

The National Allergy Bureau has a calculated rating chart which measures the amounts of pollen from trees, grass and mold in different regions of the United States. It includes doses and reaction levels of responses that allergy sufferers could experience.

Since we cannot avoid many allergens, one can use self care measures to reduce the resulting symptoms. Clean the indoor air and reduce dust by using air filtration systems. A simple nasal douche of warm salt water usually relieves nasal symptoms. Although using over-the-counter nasal sprays does decrease nasal congestion; be careful because your nose can become "addicted." Try over-the-counter eye drops to relieve itching and eye irritation. To treat hives, take cool showers (not warm). Cool water eases the reaction; whereas hot/warm water stimulates the release of histamines. To relieve itching, use cornstarch or add an oatmeal product to bath water. Use an antihistamine with the advice of your physician or nurse information service, especially if you have other chronic health conditions. Allergies may impair hearing by causing fluid to collect in the middle ear area. Using a decongestant with pseudoephedrine can improve this condition.

Although not medically proven, natural management of seasonal allergic disorders is another strategy that one could employ. Allergy sufferers claim to find relief from seasonal allergies with certain natural products such as herbal teas, which are found in health food stores. Consult with your health care provider before deciding to use such products.

If self care measures are not adequate and/or if other chronic health conditions exist, medical treatment may be required. Options which you may explore with medical advice include diagnostic blood and skin tests, drugs such as prescription antihistamines and steroids and even immunotherapy — "allergy shots." Given over a long period, these shots rely on repeated small dose exposures of the allergen to decrease the level of allergic response.

If you think that seasonal allergies are impeding your normal lifestyle, remember that the problem can be managed. Exploring avoidance and self care measures as well as medical treatment will most often make breathing and living easier.

## Facilities Hours

### POM Army Health Clinic (POMAHC)

(Building 422, Kit Carson Road)

**For routine or follow up  
appointments, call**

**242-5741 / 5742 / 5743**

#### Hours of operation

**Monday to Friday (7 a.m.-6 p.m.)**

(closed on Federal Holidays)

**7-11 a.m.** -- Active Duty Sick Call by Appointment Only (Service members must call the Health Clinic for an appointment slot at 242-5234 or 242-5663 between the hours of 6:30-7 a.m. only)

**1-4 p.m.** -- Active Duty routine appointments. (For same day appointments, call between 6:30-7 a.m. at 242-5663 or 242-5234)

**4-6 p.m.** -- Open for acute injuries or illness (walk-in) Active Duty only.

#### **Saturday Morning**

**8-10 a.m.** -- Sick Call only

#### **After hours On-Call Doctor**

242-5234 or 242-5663

#### **General Information**

242-5234 or 242-5663

(Please do not use the above telephone line to call for chronic, follow-up, or routine appointments.)

#### **Head Clinical Nurse**

242-5662

#### **Health Benefits Advisor**

242-6834

#### **Physical Appointments**

242-5672

#### **Navy Medical Admin Info**

242-5614 or 242-5615

#### **No appointments needed for immunizations**

Yellow Fever shots are only offered on early Wednesday mornings (7 to 8 a.m.). Immunizations for family members under 6 years old must have a doctor order to receive the immunizations. Remember, after receiving shots, wait at least 20 minutes before departing the clinic.

#### **Comments**

Please address your comments to:  
SSG Rodriguez, Jose A., NCOIC,  
242-5609, 242-5234 or 242-5663  
E-MAIL: jose1962@mbay.net

### POM Dental Clinic

(Building 422, Kit Carson Road)

#### **Hours of operation**

**Mon., Wed., Fri. (7 a.m. - 4 p.m.)**

**Tues., Thurs. (7 a.m. - 7 p.m.)**

#### **Sick-Call**

**Mon.-Fri. (7 - 9 a.m. - walk in only)**

#### **Emergencies After-hours**

**Call 242-5612 or 242-5613**

(Listen to the recorded message and follow instructions to receive dental treatment)

#### **Class 4 (annual) Exams**

Just walk in (No appointment).

#### **In / Out Processing**

**Mon., Wed., Fri. (7 a.m. - 3:30 p.m.)**

**Tues., Thurs. (7 a.m. - 7 p.m.)**

#### **Appointments**

**Call 242-5612 or 242-5613 or  
walk in to make appoints.**

#### **Comments**

Please address your comments to:  
SFC Gonzales, First Sergeant, Dental Clinic at 242-5678 (fax 372-5323).

## PXs and concessionaires hours

### Presidio of Monterey

**PX / 647-9602**

Mon.-Fri., 10:30 a.m.-8 p.m.; Sat.-Sun.,  
10:30-6 p.m.

#### **Barber Shop / 372-0520**

Mon.-Fri., 10 a.m.-6 p.m.

Sat., 10 a.m.-6 p.m.

Sun., Closed

#### **Mocha Madness / 333-3004**

Mon.-Fri., 10 a.m.-8 p.m.

Sat. & Sun., 11 a.m.-5 p.m.

#### **Alterations / 655-0918**

Mon.-Fri., 10 a.m.-6 p.m.

Sat. & Sun., Closed

#### **Cleaners / 372-6546**

Mon.-Fri., 10 a.m.-6 p.m.

Sat., 11 a.m.-3 p.m.

Sun., Closed

#### **Sprint Barracks Phone / 333-3000**

Mon.-Fri., 10 a.m.-6 p.m.

Sat., 11 a.m.-2 p.m.

Sun., Closed

#### **Optical Shop / 372-2074**

Tues.-Fri., 9 a.m.-5 p.m.

Sat., 11 a.m.-4 p.m.

Sun. & Mon., Closed

## Optical Shops

**offering  
free cleaning and  
adjustments;  
small repairs for  
eyeglasses available  
and  
Best Price Guarantee**

#### **POM Optical Shop**

**372-2074**

(Presidio of Monterey,  
just inside the PX entrance)

**Hours:**

**Weekdays: 10 a.m. - 5 p.m.**

**Saturdays: 11 a.m. - 4 p.m.**

#### **POM Annex Optical Shop**

**394-4134**

(former Fort Ord near PX)

**Hours:**

**Weekdays: 10 a.m. - 6 p.m.**

**Saturdays: 10 a.m. - 5 p.m.**

## POM ANNEX

#### **PX (Annex) / 899-2336**

Mon.-Sun, 10 a.m.-7 p.m.

#### **Barber Shop / 899-0322**

Mon.-Fri., 10 a.m.-6 p.m.

Sat., 9 a.m.-5 p.m.

Sun., Closed

#### **Beauty Salon / 899-3198**

Mon., Closed

Tues. & Wed., 10 a.m.-6 p.m.

Thurs., 9 a.m.-6 p.m.

Fri., 9 a.m.-6 p.m.

Sat., 9 a.m.-5 p.m.

Sun., Closed

#### **Cleaners/Alterations / 899-2838**

Mon.-Fri., 10 a.m.-6 p.m.

Sat., 10 a.m.-5 p.m.

Sun., Closed

#### **Optical Shop / 394-4134**

Tues.-Fri., 10 a.m.-6 p.m.

Sat., 10 a.m.-5 p.m.

Sun. & Mon., Closed

#### **Flower Shop / 899-5628**

Mon.-Fri., 10 a.m.-6 p.m.

Sat., 10 a.m.-6 p.m.

Sun., Closed



## FREQUENTLY USED TELEPHONE NUMBERS

for Presidio of Monterey and POM Annex

### EMERGENCIES:

Police - emergencies only 911  
Fire - emergencies only 911

### POM Police and Fire Department:

POM Police (Federal Police) 242-7851  
Fire Department 242-7701

### Information:

Post locator operator - POM 242-5119 or 0  
Official commercial/DSN call assistance 0

### Command hot line "Bossline" 242-POST (242-7678)

### Staff Duty Officer - evenings / weekends 242-5119

Evenings: Monday, Tuesday, Wednesday, Thursday 4 p.m.-7:30 a.m.

Weekends: Friday 4 p.m. to Monday 7:30 a.m.

### OTHER AGENCIES:

Alcohol & Drug Abuse Prevention (ADAPC) 242-6960

American Red Cross (ARC) - POM 242-6800

Army Community Service (ACS) - POM Annex 242-7660

Auto Crafts Shop - POM Annex 242-7759/7760

### Barber Shop:

POM 372-0520

POM Annex 899-0322

### Beauty Salon:

POM 372-0520

POM Annex 899-3198

Billeting - POM 242-5091/5092/6044

Cable service (Coastside Cable) 899-5355

### Chaplain:

POM 242-5281

POM Annex 242-7620

Civilian Personnel Office 242-5100

### Cleaners / alterations:

POM 372-6546

POM Annex 899-2838

Club - The EDGE Club - POM 649-1822/1823

### Commissary: POM Annex

Hours of operation recording 394-7116

Cashier 242-7671

Accounting / bad checks 242-7669

Bakery 899-3218

Deli 393-2976

Meat Dept. 242-7679

Grocery Dept. 242-7673

Credit Union - POM Annex 393-3480

Dental Clinic - POM 242-5612/5613

Education Center - POM 242-5325/5866

Equal Employment Opportunity - POM 242-5105

### Employment

CPO Employee Services Branch 242-5137/5867

### Family:

Army Community Service (ACS) 242-7652/7660

Family Advocacy 242-7653

Child Development Service (CDS) office 242-5530

CDS - Monterey Road, POM Annex 583-1050/1051

CDS Central Registration 583-1059

Family Child Care (Quarters-based) 656-0187

Scouts: Boy Scout and Girl Scouts 242-5194

### Finance:

Finance Office (Defense Military Pay Office) 242-6366

Claims Branch - Staff Judge Advocate (SJA) 242-5083

Army Emergency Relief (ACS) - POM Annex 242-5501

### Flower Shop:

POM Annex 899-5628

### Gas stations:

Car Care Center - POM 372-0702

Car Care Center - POM Annex 394-8219

### Health Clinic (active duty military, family):

POM U.S. Army Health Clinic: 242-5663/5234

Appointments (routine, follow up) 242-5741/2/3

Appointments (sick call, same day)

Noncommissioned Officer In Charge 242-5609/5234

Community Health Nurse 242-7580

Social Work Services 242-5663

### Health Insurance:

Health Insurance Benefits Advisor 242-6834/7566/7567

TRICARE (Foundation Health Federal Services)

1-800-242-6788

### Housing:

Customer service - Housing Office 656-2321

### Repairs:

Dept. Public Works - POM Annex 242-7664

Self Help Store (do-it-yourself) - POM 242-5713

Self Help Store (do-it-yourself) - POM Annex 242-7615

Inspector General (IG) 242-5173

Identification Cards 242-5209

### Leisure

Information, Tour & Travel 242-5506/6133

Golf Course 899-2351

Outdoor Recreation - POM 242-5506/6133

Outdoor Recreation - POM Annex 582-4107

Price Fitness Center (Gym) - POM 242-5700/5641

Mon-Fri: 5:30-7:30 a.m. and 10 a.m.-9 p.m.

Sat/Sun: 10 a.m.-6 p.m.

Holidays: 9 a.m.-3 p.m.

Recreation Center - POM 242-5447

### Libraries:

Academic (Aiso Library) - POM 242-5572

Community (Chamberlin) - POM Annex 242-7680/7681

Optical Shop: POM 372-2074

POM Annex 394-4134

Post Exchange: POM PX 647-9602

POM Annex PX 899-2336

### Schools

School District (MPUSD) 649-1565

Marshall Elementary 899-7052

Fitch Middle 899-7080

Seaside High 899-7028

Scouts: Boy Scout and Girl Scouts 242-5194

### Telephone Installation: (for phones in barracks)

Phone Center (Sprint) (in PX mall, POM) 333-3000

Telephone Service: (Pacific Bell) 1-800-310-2355

### Theater:

POM Theater 372-1249

Barker Theater - POM Annex 393-2095

### Transportation: Building 517, POM

(M-F, 8:30 a.m.-12:45 p.m. / reopens 2-4 p.m.)

HHG In-bound (FAX 242-5923) 242-5096

HHG Out-bound 242-5203

Passport / Portcalls 242-5330

TDY (FAX 242-5821) 242-5230

### Travel:

Official (Carlson Wagonlit Travel) - POM 648-8609

(M-F, 8:30 a.m.-12:45 p.m. / reopens 2-4 p.m.)

Thrift Shop - POM Annex 899-4975

Veterans Administration Clinic - POM Annex 883-3800

Veterinary Services (pets must be registered) 242-7718

### Youth:

Youth Services - POM Annex 242-7823



## Autos

- 1997 Nissan-Sentra GXE**, teal in color, 4 door, 5 speed, AC, AM/FM cassette w/CD, A/C, cruise, power windows, anti-theft, and 6k, pay-off of \$13,300. Call Rob, 393-2123 anytime. (05-08)
- 1997 VW Golf GL**, black color, 4 dr, 5 sp, moon roof, AC, AM/FM radio/cassette, AC, alarm, only 5,000 miles. Asking \$13,500 /obo. Call 583-0237 if interested. (03-27)
- 1996 Geo Metro**, red w/ black trim, gray interior, standard transmission, airbags, AM/FM cassette clock radio, approx. 22,000 miles, take over payments. Call 899-6659. (04-10x6)
- 1996 Honda, Civic DX**, seafoam green, 3 dr, 5 sp, AM/FM radio, AC, only 6,500 miles. Asking \$10,500 /obo. Call 583-0237. (03-27)
- 1995 Red Geo Metro H/B**, highly reliable and cheap to own, \$5300 or take over payments of \$201.55 and you will own it outright by August 2000. Registered in TX. Passed CA emissions. Perfect for the young soldier. Call 373-5644. (05-08)
- 1995 Olds Cutlass Supreme Sedan**, A/C, tilt, cruise, pwr windows, AM/FM Cassette, 4-wheel anti-lock brakes, dual air bags, low mileage, \$14,000. Call 242-6650 (days), or 393-2700 (evenings before 9 p.m.). (04-24)
- 1995 Pontiac Firebird Formula LT1**, 35,000 miles, Fully loaded, with T-tops, extra clean & original car, \$18,000 / obo. Call anytime 598-3160. (03-27)
- 1994 VW Jetta**, 4 door, only 43k miles by original owner, AT, AM/FM cassette, airbags, power locks, retail over \$12,000 (May-June '98 Kelley's blue book). Asking only \$9,500 /obo. Call 899-4344. (05-08)
- 1993 Honda Prelude**, black, only 53,000 miles, 5 speed, PS, PB, PW, AM/FM CD Player, Moon Roof, Air Condition, *Excellent Condition!* Must see! Asking \$13,500. Call anytime 646-9094. (04-10)
- 1993 Ford T-Bird**, charcoal exterior with leather/cloth seats interior, V6, Auto, PS, PB, PW, AM-FM Cassette, runs great, good gas mileage, \$7,000. Must Sell. Call 242-5871 (days). (04-10)
- 1993 Geo Metro Convertible**, moving, must sell, good car, 46,000 miles, \$3,500. Call 642-9125. (03-13)
- 1990 Ford Thunderbird**, 2x door, White exterior/Red interior. All Power, windows, seats, etc. Plenty of room in trunk. Minor things to be fixed, but all in all, excellent condition. Cassette player and brand new battery. Asking \$4800 or best offer. Call 394-3910. (04-24x4)
- 1989 Nissan 240SX**, gray, 5 Speed, loaded, 70k miles, \$6,900 /obo. Call 899-7142. (05-08)
- 1989 Ford Thunderbird SC**, white exterior, blue interior, moon roof, AT, PL, PW, CD, ABS, 77,000 miles, excellent condition, \$6,500 /obo. Call 394-6659 leave message. (05-08)
- 1988 Mercury Sable**, 98K, excellent condition, one owner, always garaged, loaded, \$2,900. Call evenings or leave message 644-9923. (04-24)
- 1985 Chevy Camaro-Berlinetta**, \$2,000 /obo. Call 393-0745. (05-08)
- 1974 BMW 2002**, 4-spd. trans., air, alloy wheels, sunroof, plus brand new and spare parts, much invested, needs some work, make offer. Call 242-7928 days M-F or 728-0522 evenings and weekends. (05-08)
- 1970 Fastback Mustang**, .302 engine power steering, AC, new interior, 3-speed automatic, with alarm, \$6,000 / obo. Call 655-5108. (03-13)

## Trucks / Vans / Sport

- Black Truck Camper Shell** with Sliding Windows, short bed, rear lock broke, came off '82 Datsun Pick Up, should fit any small truck, (fair condition), first \$150 takes it!!! Call 394-0329. (05-08)
- 1997 Jeep Wrangler**, perfect condition, 5,000 miles, many extras, \$14,800. Call Tony at 394-9030. (03-13)
- 1994 Gulfstream, 29' Class 'L' Recreation Vehicle (RV)**, basement model, wide body, 460 cu in, Ford gas engine, OD transmission, Queen Bed, Generator, Refrigerator, Freezer, Microwave, Ducted A/C & heat, LP oven/stove, TV, shower, and more. Great shape and super clean! Best Offer. Call 883-1292. (04-24)
- 1993 Chevy Lumina APV MiniVan**, V6, 120k, runs and looks excellent!! very dependable, power windows, air, cruise, AM/FM/cassette, \$6,500. Call 899-5503. (05-08)
- 1992 Toyota Previa Van**, fully loaded, new brakes/tires, well maint., great cond., 102k miles, \$10,200 /obo. Call 583-0619. (04-10)
- 1992 Toyota 2WD Truck**, black, 5-speed, 22RE, 60K miles, Recently had 60K major service, tinted rear sliding window, bedliner, cargo-net, am/fm cassette, bug-deflector, hydraulic-hinged tonneau cover, plus much more \$7,500 / obo. Call 394-7063. (02-13)
- 1989 Dodge B-150 Ram Van**, blue, V-8, AT, PB, PS, AM/ FM 4-speaker stereo (theft resistant), brand new Pirelli tires, superior custom wheels, lifetime heavy duty gas shocks, sofa bed, captain's chairs, tinted bay windows, cloth interior, carpeting, insulated, clean, low miles, maintenance records, needs minor cosmetics, sacrifice \$4,500 /obo. Call 242-7928 days M-F or 728-0522 evenings/ weekends. (03-27)
- 1988 Mazda B2200 Pickup**, very dependable, 156k miles, \$1,000. Call 583-0619. (04-10)
- 1979 Chevy Blazer**, 4x4, strong utility vehicle, \$4,900 / obo. Call 899-7622. (03-27)
- 1979 Chevrolet 4x4 truck**, short bed w/ 4 in rancho lift kit, dual tanks, 87 350cid engine, redone interior, well maintained, nice truck, \$3000 /obo. Call 899-2927 or email-dmehn@ibm.net (05-08)

## Computers and Accessories

- Laser** (Printer Bell & Howell), cost \$400 selling for \$140 / obo; **Delrina Winfax Scanner** w/ocr \$70. Call 384-8991 after 5 p.m. (05-08x4)
- For sale:** (486DX2 Computer), 50 mhz, tower, 24 meg, CD Rom, 28.8 modem, sound card and speakers, svga monitor, keyboard, mouse and more, \$450 /obo. Call 899-0266. (05-08)
- Nintendo 64 Game** (Blast Corps), used ones \$20; Computer Games: Lords of Midnight and Alistairs Aliens, \$10 each. Call 899-6638. (04-24)
- 8.4 GB Hard Drive**, by Maxtor, brand new and still in the box. Allows you to put everything in your memory, \$360 / obo. Call Phil, 333-3782. (03-27)
- Star Printer**, Multi-Font Star NX-2420 High resolution 24-in Dot Matrix printer, High speed printing, 5 letter quality fonts, multiple paper fee paths with built-in push/pyll traction, excellent condition, in original box, \$50 firm. Call 758-8073. (05-08)

## Motorcycles & Parts

•**1995 KAW 600ZXR Ninja**, 4,000 miles, with helmet, like brand new, \$4,950. Call 899-0467. (03-13)

## Entertainment Items

•**For sale: (Stereo Cabinets)**, free standing on rollers. Call Martin, 899-0266. (05-08)

•**21" Hitachi Multisystem TV and Multisystem VCR**, \$700 obo (like new). Kenwood Rack Sytem with 100 disc CD changer, Infiniti speakers (three speaker box with "15s), 2 JBL rear channel speakers, amp, tuner, dual cassette, and black wooden stereo stand with glass door- \$1000 obo (like new). Call Dave or Tina Copeland anytime @899-1367. (05-08)

•**Two (2) large coolers**, \$15 and \$5; **REI Backpack**, \$25; **Water-pik** and package of tips, \$20; **30-disc CD carrier**, \$10; **Yamaha electronic piano**, stand, music stand, music, \$75; Please call 242-5525. (05-08)

•**VCR**, like new, \$50. Call 646-9094. (04-10)

•**Multisystem 25" Television plus 4-head VCR, like New**, dual voltage, asking \$1,100. Call 333-0612. (04-10)

•**Entertainment Center w/ Kenwood Stereo System**, 27" Magnavox TV and Samsung VCR, \$1000. Call 392-1349 (hm) or 242-5310 (wk). (05-08)

## Sports Equipment

•**Wanted:** Bicycle parts (Shimano or equiv.) and accessories, double jog stroller will pay cash. Call 583-0619. (05-08)

•**Ski Boots**, Raichle size 10 (new) \$50; **Snow Shoes** w bindings, cost \$120 selling for \$50; **Exercise Bike**, DP Air Gometer, \$90. Call 384-8991 after 5 p.m. (05-08x4)

•**Trek 1200 Aluminum Frame Road Bike with Shimano RX 100 components**, pedal clips, profile and regular bars, asking \$350; will take best offer. Call 583-0923 or leave a message with your name and phone number. (04-10)

•**Mountain Bike**, excellent condition, \$700. Call 602-6955. (04-10)

Your ad here.

## Miscellaneous

•**Numerous collector wall plates**, \$25 and up; Numerous Collector Hess Gas Toy Trucks, \$40 each; Milk Can, \$35; also, like new, **Hoover Carpet Shampooer**, \$75. Please Call 394-5926. (04-24)

•**Hamsters**, golden and dwarf, 2 weeks to 2 months old, \$7 to \$10 each. Call 602-4648. (04-24)

•**Diamond Engagement Ring**, .5 Carat total weight of diamonds, 14K Band, \$600. Call 648-8237. (02-13)

•**Aquarium, 29 gallon**, glass, with stand, includes gravel, pump, AquaTech filter system, heater, lid, light, etc, \$150 firm. Call 394-7063. (02-13)

•**Baby Items Wanted:** Dual Stroller, in good condition; Swing, preferably battery operated. Call Iris, 392-0335. (04-24)

•**For Sale:** Avon Bottles, Meereshawm Pipes, Pedestal-Style Glasses, Non-fiction & Mystery Books. If interested, call Sylvia or Paul at 642-9012. (05-08)

•**Lawn Mower:** 3.5 H.P. Briggs & Stratton gas lawn mower, 2003 Aircap, 9 adjustable positions, works good, \$50. Call 758-8073 (leave message). (05-08)

•**Whirlpool All Electric Stove**, all digital display and easy to clean, self-cleaning stove with burners that can be cleaned by wiping them off. Asking \$599 or best offer. Call 394-3910. (04-24x4)

•**Sofa**, wood trim, 75 inches, 6 cushions, earth tones excellent condition, \$150. Call 242-7928 days M-F or 728-0522. (04-10)

•**Sofa & Love Seat**, light green, \$275 /obo; •**Washer**, large capacity, \$250; •**Dryer**, \$175. Call 394-6982 after 5 p.m. (04-10)

**MOVING SALE!** Hurry, leaving in May. •**Crib** w/mattress (both match and in good condition, \$40; •**Baby Changing Table**, \$25; •**TV Cart**, \$10; •**Stroller Combo** (includes stroller, pumpkin seat, car seat), \$60; •**Desk and Chair**, \$20. Interested? Call 393-9929. (04-24)

### BEANIE BABY COLLECTORS:

3 Mattel ORIGINAL Baby Beans, cast "1970 Mattel Corp.", bean filled: "girl" Baby Beans with pink bonnet (fair condition) \$200; Baby Beans "Biff" with jeans (very good condition) \$250; and Itsy Baby Beans "girl" with yellow bonnet (great condition) \$300. Shirley Temple doll in original dress and shoes (great condition), cast "1972 Ideal Toy Corp." \$300. Rare Little Kiddle doll from early 1970's \$50. Prices firm. Call 393-2700. (03-27)

•**Queen Bedroom Set (5 pcs. American made, Armstrong):** 6-drawer Bureau w/ mirror, 5-drawer Dresser, Night Table, Headboard, **Never Used**. Must sell as complete set, no individual pieces, \$595 /obo. Call 242-7928 days M-F or 728-0522. (04-10)

•**Love Seat Sleeper**, \$50; •**Washer & Dryer**, \$250; •**Sofa**, new, blue fabric, \$160; **Carpets (2)**, \$15; •**Aruchair**, \$15; •**Bamboo Patio Set (5-piece)**, \$250; •**Various small Electric Appliances**. Call 394-6870. (03-27)

•**Bed**, queen size w/ frame. Call 392-1825. (03-27)

•**Big Reclining Lounge Chair**, w/ heater, vibrating massage capability, \$250. Pls call 333-9132 after 7 p.m. (03-27)

(Continued on Page 32)

**Acceptable Classified Ads:** *Lost and Found*, *Wanted* or *For Sale* items such as bicycles, books, cameras, cars, clothes, computers/software, cribs, furniture, rugs, stereos, televisions, tools, trailers, trucks, etc. (this publication does not advertise weapons for sale/trade). Onetime sale only, not for a profit sharing venture of multiple items (classified Ads such as rentals, help for hire, or tutoring for dollars are unauthorized). You are welcome to advertise more than one ad in the same publication. Ads will be published three (3) times in three consecutive issues (or longer if space permits) after which you must call or send in a renewal request. If you have any questions, please feel free to call the Public Affairs Office at (408) 242-5104 and ask for the editor.

**When your ad(s) have sold, or if you're departing DLI/POM, please let us know. Call 242-5104.**

## Household Items

**For sale:** 425 National Geographic Mag., 1955-1994, plus 31 leather cases for \$400. Call 392-1954. (05-08)

•**Large Screen Television**, 40-inch (Curtis-Mathes), \$400; •**Upright Freezer**, 20 cubic feet (HotPoint) \$350; •**Washer & Dryer**, large capacity (Kenmore), \$300; •**Baby Stroller**, bi-directional handle, reclines (Fisher-Price), \$50. All in great shape, prices are negotiable. To make an offer I can't refuse, call 899-4344. Leave message, if necessary. (04-10)

### Your ad here.

•**Lawnmower and Edger:** 1 year old, paid \$125 for pair, asking \$75, used once or twice a month. Call 583-0409, or doublebogie@webtv.net (04-10)

•**Med Size Dog Kennel**, \$25; •**Multi-colored Couch**, \$175; •**Crib**, \$50. Call 583-0619. (04-10)

•**Curtains and shades for whole house**, \$100; •**5-pc Dining Set**, \$50; •**5-pc Bamboo Patio Set**, \$250; •**Blue Fabric Sofa** (new), \$150; •**2 Bookcases**, \$25 each. Call 394-6870. (03-27)

•**Complete living room and dining room set**, \$1,200. Call 392-1349. (03-27)

•**Love Seat (blk)**, **Sofa**, **3 Tables (blk)**, \$700 /obo; •**Kerosine Heater**, \$30; •**Rocking Chair**, \$60; •**Sofa Bed (Q) brown**, reduced to \$150; •**Health Rider**, (new, still in box), \$150. Call 394-7371. (03-27)

**For Sale:** Single Bed (2 piece w/frame), \$100 - Chemistry Textbook (MPC Chem 10, Dr Bishop), \$40. Call 373-6310. (05-08)

•**Washer/Dryer**, Whirlpool, 1994, heavy duty, large capacity, very good condition, \$400 set. Call 393-2874. (05-08)

•**Prom Dress**, size 5/6, black satin&felt, \$25; **Baseball Cards**, \$10 whole box. (05-08)

•**Answering Machine** (At&T), model 1309, \$20; **Food Processor** (Hamilton Beach), \$35; **Juicer** (Moulinex), \$35. Call 384-8991 after 5 p.m. (05-08x4)

•**Adjustable wooden porta-crib w/ mattress**, bumper pads, sheets, quilt, \$50; **Diapers**, premium pre-shaped 100% cotton flannel diapers (like new) \$10/dozen /obo. **Diaper genie**, \$9; **Toddler Potty** (Fischer-price), \$10. Call 899-7142. (05-08)

•**White Metal Daybed**, good condition, perfect for transition from toddler to big bed, \$50; •**Kenmore Washer**, does not work, being sold for use of parts, \$20; •**Dining room chairs**, light pine seat with white legs and back, two in the set, needs some work, \$20 for both; •**Moulinex Deep Fat Fryer**, used once, \$20; •**Trek 1200 Aluminum Frame Road Bike with Shimano RX 100 components**, pedal clips, profile and regular bars, asking \$350; will take best offer. Call 583-0923 or leave a message with your name and phone number. (04-10)

•**White Baby Bassinet**, \$30. Call anytime 646-9094. (04-10)

•**Whirlpool All Electric Stove**, All Digital Display and easy to clean, self-cleaning stove with burners that can be cleaned by wiping them off, asking \$599 or best offer. Call 394-3910. (03-27)

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**To place an ad in the Community News, you must be assigned to DLIFLC & POM or residing on POM/POM Annex.**

**If presenting ad in person:** Show your military or DoD civilian ID card to: any PAO staff member, Building 614, Room 142 (242-5104).

**If sending ad via e-mail (both military and DoD civilians):** Include your office telephone extension & directorate/office.

(DoD CIVILIANS: Include your DoD I.D. number in your MS Mail message ad.)

Name

Rank/Level

Unit / Civilian Agency

Phone

**Item(s) For Sale or Lost & Found:**